

Effective Field Theory for Cold Atoms IV

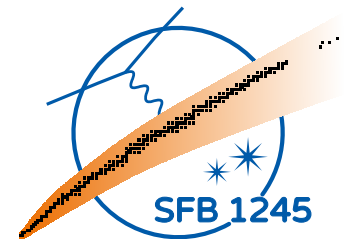
H.-W. Hammer

Institut für Kernphysik, TU Darmstadt and Extreme Matter Institute EMMI



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School on Effective Field Theory across Length Scales, ICTP-SAIFR, Sao Paulo, Brazil, 2016

1. **EFT for Ultracold Atoms I: Effective Field Theories & Universality**
2. **EFT for Ultracold Atoms II: Cold Atoms & the Unitary Limit**
3. **EFT for Ultracold Atoms III: Weak Coupling at Finite Density**
4. **EFT for Ultracold Atoms IV: Few-Body Systems in the Unitary Limit**
5. **Beyond Ultracold Atoms: Halo Nuclei and Hadronic Molecules**

Literature

G.P. Lepage, TASI Lectures 1989, arXiv:hep-ph/0506330

D.B. Kaplan, arXiv:nucl-th/9506035

E. Braaten, HWH, Phys. Rep. **428** (2006) 259 [arXiv:cond-mat/0410417]

- **Unitary limit:** $a \rightarrow \infty, R \rightarrow 0 \implies \mathcal{T}_2(k, k) \propto i/k$
- **Use as starting point for effective field theory description**
 - Large scattering length: $|a| \gg R \sim r_e, R_{vdW}, \dots$
 - Natural expansion parameter: $R/|a|, kR, \dots$
 - **Universal dimer** with energy $B_2 = \hbar^2/(ma^2)$ ($a > 0$)
size $\langle r^2 \rangle^{1/2} \sim a \implies$ **halo state**
 - Reproduce **tail of the wave function:** $\psi(r) = \frac{e^{-r/a}}{r}$



- **Nonperturb. resummation in EFT** (van Kolck, Kaplan, Savage, Wise, 1998)

$$\mathcal{T}_2(k, k) \propto \frac{-a}{1 + ika} \left[1 + \frac{r_e a k^2 / 2}{1 + ika} + \dots \right], \quad 1/a \sim k \ll 1/r_e$$

\implies **universal properties** (and perturbative corrections)

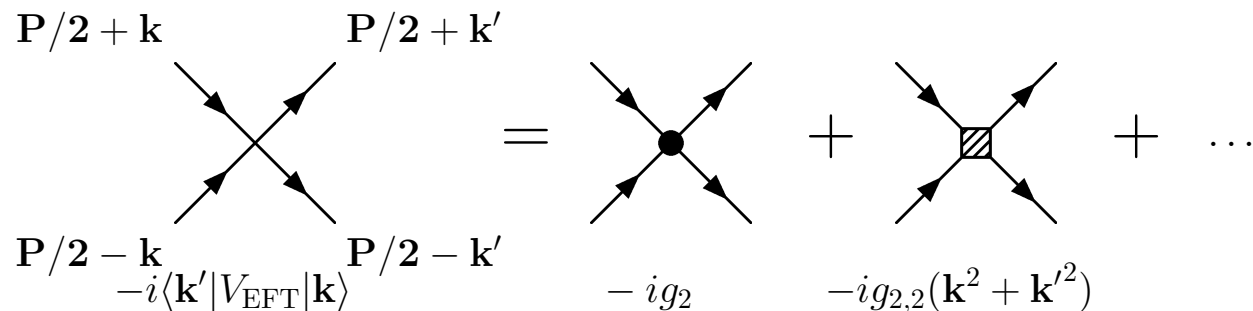
- Natural expansion parameter: $R/|a|, kR, \dots$ ($R \sim r_e, R_{vdW}, \dots$)
- Nuclear Physics: S -wave NN scattering, halo nuclei, ...
 - $^1S_0, ^3S_1$: $|a| \gg r_e \sim 1/m_\pi \longrightarrow B_d \approx 2.2 \text{ MeV}$
 - neutron matter
 - halo nuclei
- Atomic Physics:
 - ^4He atoms: $a \approx 104 \text{ \AA} \gg r_e \approx 7 \text{ \AA} \sim R_{vdW}, \longrightarrow B_d \approx 100 \text{ neV}$
 - ultracold atoms near Feshbach resonance \Rightarrow variable a
- Particle Physics
 - Is the $X(3872)$ a $|D^0 \bar{D}^{0*} + \bar{D}^0 D^{0*}\rangle$ molecule? ($J^{PC} = 1^{++}$)
$$E_X = m_D + m_{D^*} - m_X = (0.1 \pm 0.2) \text{ MeV}$$

Two-Body System

- Large scattering length: $Q \sim k \sim 1/a \ll 1/R$
- Effective Lagrangian

$$\mathcal{L} = \psi^\dagger \left(i\partial_t + \frac{1}{2m} \vec{\nabla}^2 \right) \psi - \frac{g_2}{4} (\psi^\dagger \psi)^2 - \frac{g_{2,2}}{4} \left[\vec{\nabla}(\psi^\dagger \psi) \right]^2 + \dots$$

- Vertices:



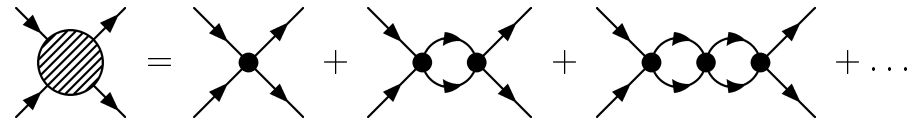
$$\begin{array}{c}
 P/2+k \quad P/2+k' \\
 \diagdown \quad \diagup \\
 \diagup \quad \diagdown \\
 P/2-k \quad P/2-k' \\
 -i\langle k'|V_{\text{EFT}}|k\rangle
 \end{array}
 =
 \begin{array}{c}
 \diagdown \quad \diagup \\
 \bullet \\
 \diagup \quad \diagdown \\
 -ig_2
 \end{array}
 +
 \begin{array}{c}
 \diagdown \quad \diagup \\
 \square \\
 \diagup \quad \diagdown \\
 -ig_{2,2}(k^2 + k'^2)
 \end{array}
 + \dots$$

- Scaling: $g_2 \sim 1/(mQ)$, $g_{2,2} \sim R/(mQ^2)$, $g_{2,2j} \sim R^j/(mQ^{j+1})$
- Scaling of diagrams with Q : Q^ν

$$\nu = 5L - \underbrace{2I}_{2(L+V-1)} + \sum_j (2j - (j+1))V_{2j} = 3L + 2 + \sum_j (j-3)V_{2j} \geq -1$$

- All diagrams with only g_2 vertices scale as $1/Q$

- Scattering Amplitude:



$$\mathcal{T}_2(E) = -ig_2 - \frac{ig_2^2}{2} \int_0^\Lambda \frac{d^3q}{(2\pi)^3} \frac{1}{m\tilde{E} - q^2} + \dots = -ig_2 + \frac{ig_2^2}{4\pi^2} \left(\Lambda - \frac{\pi}{2} \sqrt{-m\tilde{E}} \right) + \dots$$

$$\equiv \frac{8\pi}{m} \frac{1}{-1/a + \sqrt{-m\tilde{E}}}$$

matching!

- Definition: $m\tilde{E} \equiv mE + i\epsilon$
- Geometric series \Rightarrow can be summed
- Loop divergent \Rightarrow regulate with momentum cutoff Λ

- Running coupling constant: $g_2(\Lambda) = \frac{8\pi}{m} \left(\frac{1}{a} - \frac{2}{\pi} \Lambda \right)^{-1}$

- How does g_2 change with Λ (resolution scale)
- Renormalization group equation

$$\tilde{g}_2 \equiv \frac{m\Lambda}{4\pi^2} g_2 \implies \Lambda \frac{d}{d\Lambda} \tilde{g}_2 = \tilde{g}_2 (1 + \tilde{g}_2)$$

- Two fixed points:
 - $\tilde{g}_2 = 0 \leftrightarrow a = 0 \implies$ no interaction
 - $\tilde{g}_2 = -1 \leftrightarrow 1/a = 0 \implies$ **unitary limit**

scale and conformal invariance

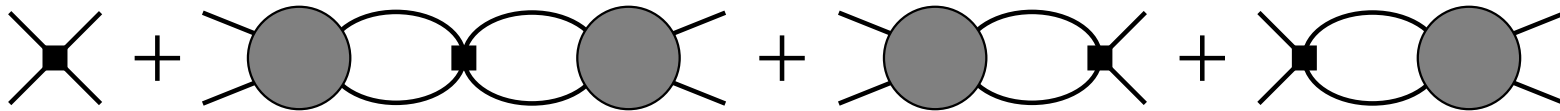
(Mehen, Stewart, Wise, 2000; Nishida, Son, 2007; ...)

- **Interesting many-body physics:** BEC/BCS crossover, universal viscosity bound \implies perfect liquid, ...

(Kovtun, Son, Starinets, 2005; ...)

Two-Body System: Corrections

- Higher-order derivative terms are perturbative
- Diagrams with $g_{2,2}$ scale like Q^0 : **first correction**



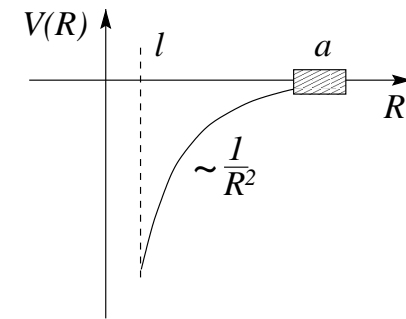
$$\mathcal{T}_2^0(E) = \frac{1}{\left(-1/a + \sqrt{-m\tilde{E}}\right)^2} \left(-2g_{2,2}mE \left(\frac{8\pi}{mg_2}\right)^2 + \text{const.} \right)$$

$$\equiv -\frac{8\pi}{m} \frac{mEr_e/2}{\left(-1/a + \sqrt{-m\tilde{E}}\right)^2} \quad \text{matching!}$$

- Constant subtracted by counterterm $g_2^{(2)}$

- Three-boson system near the unitary limit (Efimov, 1970)
- Hyperspherical coordinates: $R^2 = (r_{12}^2 + r_{13}^2 + r_{23}^2)/3$
- Schrödinger equation simplifies for $|a| \gg R \gg l$:

$$-\frac{\hbar^2}{2m} \left[\frac{\partial^2}{\partial R^2} + \frac{s_0^2 + 1/4}{R^2} \right] f(R) = \underbrace{-\frac{\hbar^2 \kappa^2}{m}}_E f(R)$$



- Singular Potential: renormalization required
- Boundary condition at small R : breaks scale invariance
 \implies scale invariance is anomalous
 \implies observables depend on boundary condition and a
- Universality concept must be extended \implies 3-body parameter
- Spin-1/2 fermions: repulsive interaction \implies higher order

Three-Body System

- Use auxiliary field $d = \psi^2 + \dots$ (cf. Hubbard-Stratonovich, Kaplan, ...)
- Effective Lagrangian

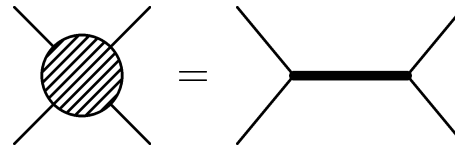
$$\mathcal{L}_d = \psi^\dagger \left(i\partial_t + \frac{1}{2m} \vec{\nabla}^2 \right) \psi + \frac{g_2}{4} d^\dagger d - \frac{g_2}{4} (d^\dagger \psi^2 + (\psi^\dagger)^2 d) - \frac{g_3}{36} d^\dagger d \psi^\dagger \psi + ..$$

- Equation of motion \longrightarrow eliminate $d \longrightarrow \mathcal{L}$

- Full dimeron propagator: 

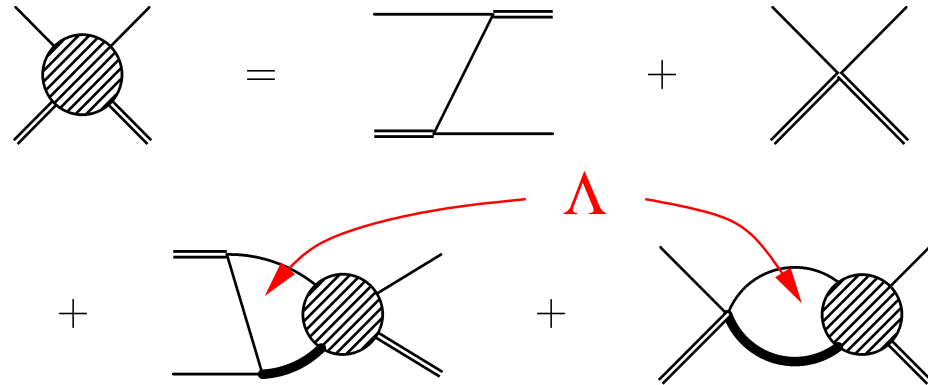
$$iD_d(P_0, P) = \frac{32\pi i}{g_2^2} \left[1/a - \sqrt{-mP_0 + P^2/4 - i\epsilon} \right]^{-1}$$

- Two-body amplitude:



Three-Body System in EFT

- Three-body equation:
(*S*-waves)



$$\mathcal{T}_3(k, p) = M(k, p) + \frac{4}{\pi} \int_0^\Lambda dq \frac{q^2 M(q, p)}{-\frac{1}{a} + \sqrt{\frac{3}{4}q^2 - mE - i\epsilon}} \mathcal{T}_3(k, q)$$

with $M(k, p) = \underbrace{F(k, p)}_{\text{1-atom exchange}} \underbrace{-\frac{g_3}{9g_2^2}}_{H(\Lambda)/\Lambda^2}$

($g_3 = 0, \Lambda \rightarrow \infty \rightarrow$ Skorniakov, Ter-Martirosian '57)

- Require invariance under $\Lambda \rightarrow \Lambda' = \Lambda + \delta\Lambda$

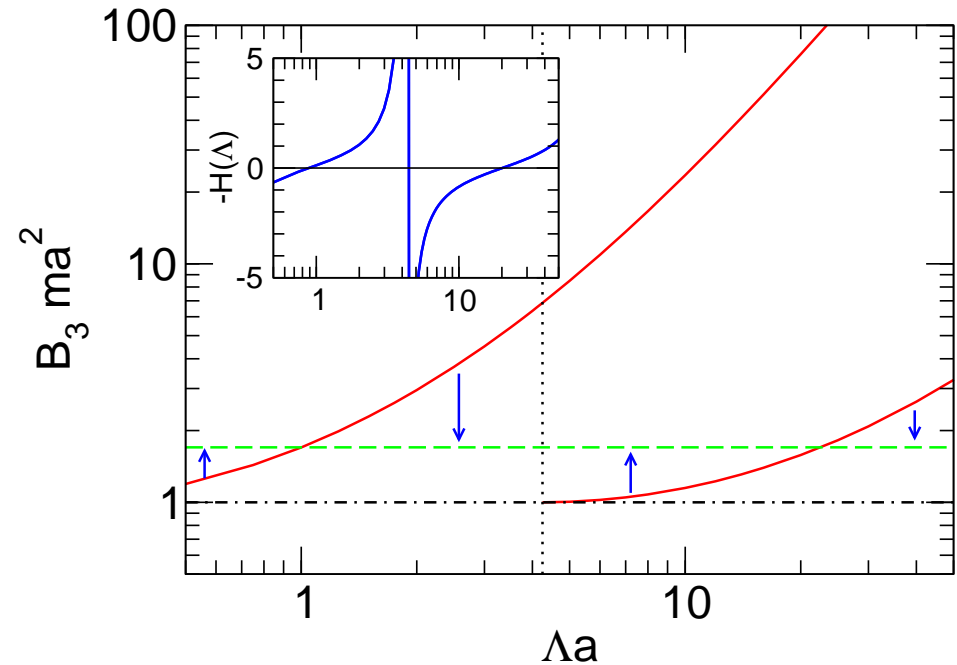
- $H(\Lambda)$ periodic: **limit cycle**

$$\Lambda \rightarrow \Lambda e^{n\pi/s_0} \approx \Lambda (22.7)^n$$

(Bedaque, HWH, van Kolck, 1999)

(Wilson, 1971)

- Anomaly:** scale invariance broken to discrete subgroup



$$H(\Lambda) \approx \frac{\cos(s_0 \ln(\Lambda/\Lambda_*) + \arctan(s_0))}{\cos(s_0 \ln(\Lambda/\Lambda_*) - \arctan(s_0))}, \quad s_0 \approx 1.00624$$

- Matching:** Λ_* ← three-body observable
- Limit cycle** \iff **Discrete scale invariance** \iff **Efimov physics**

- Similarity to Matryoshka doll

→ “Russian Doll Renormalization”

- Other examples

- $1/r^2$ potential in QM

(Beane et al., ...)

- Field theory models

(Wilson, Glazek, LeClair et al.,...)

- Turbulence, earthquakes, finance,...

(cf. Sornette, Phys. Rep. **297** (1998) 239)

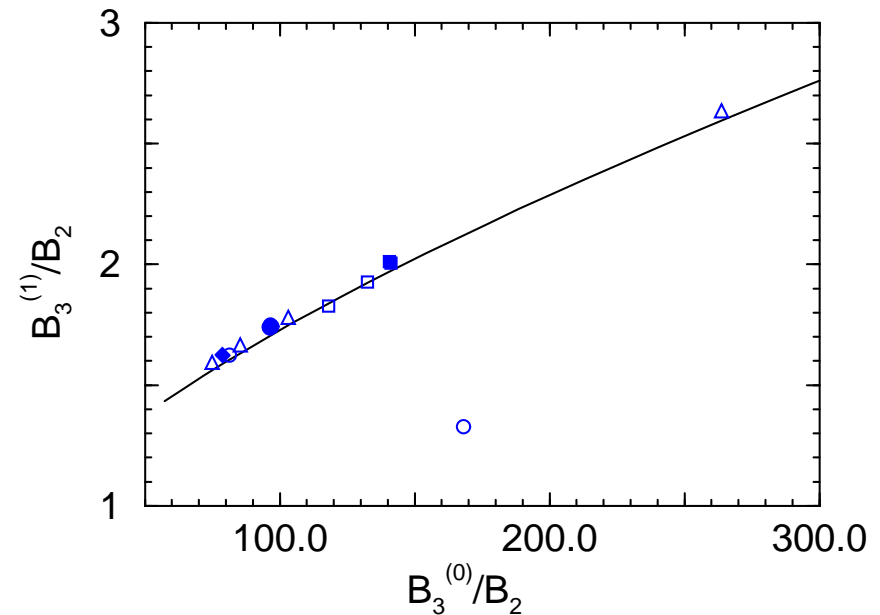
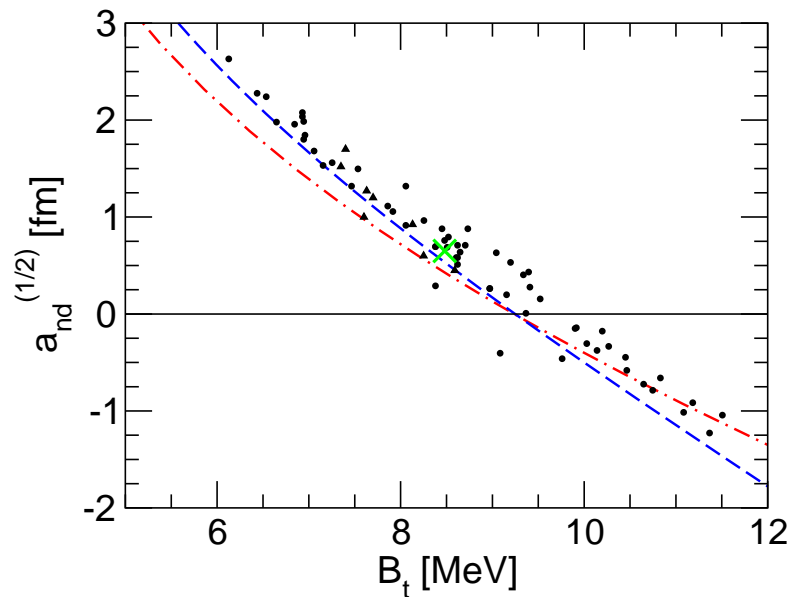
- Observable consequences?

→ Universal correlations (2 parameters at LO), Efimov effect, log-periodic dependence on scattering length,...



- Three-body observables for different potentials are correlated

⇒ Phillips line (Phillips, 1968)

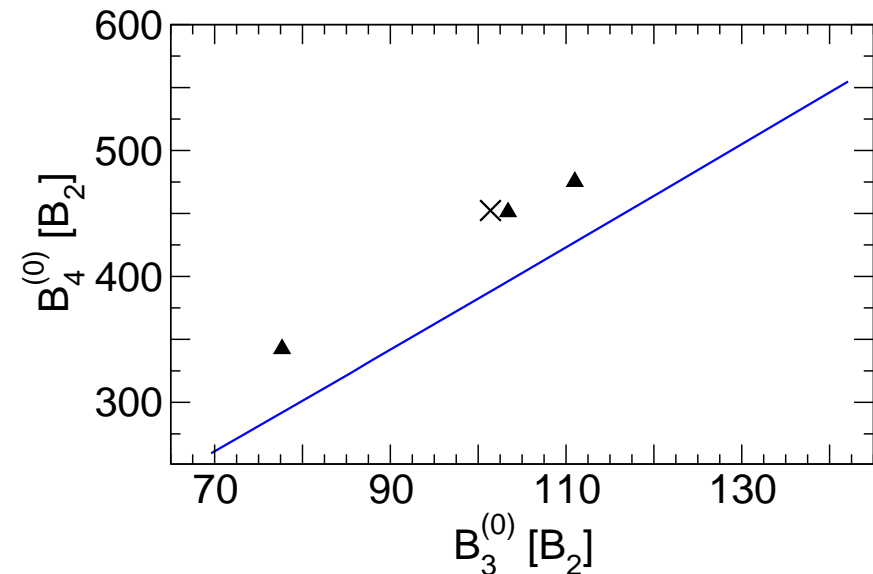
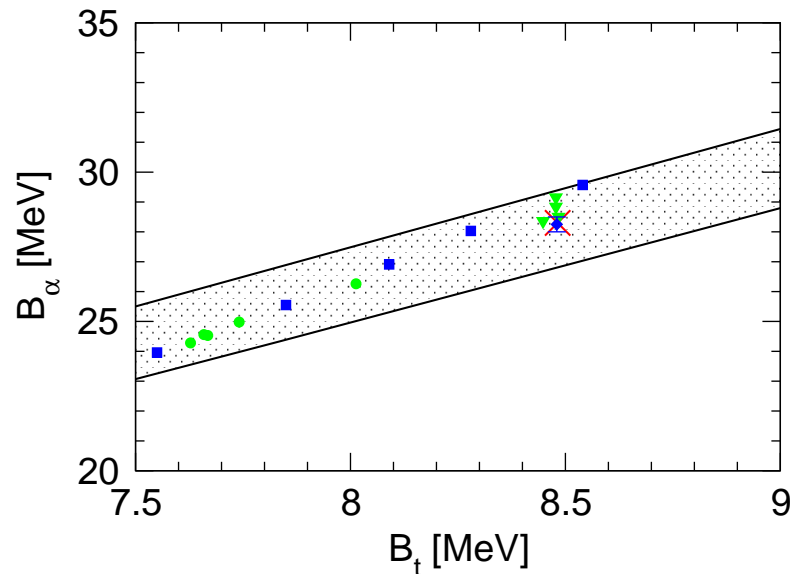


- Different values for Λ_* → physics at small distances
- Correlation universal: Nucleons, ^4He atoms,...

Universality in the 4-Body System

- No Four-body force required in LO (Platter, HWH, Meißner, 2004)
- Universal correlations persist in 4-body system

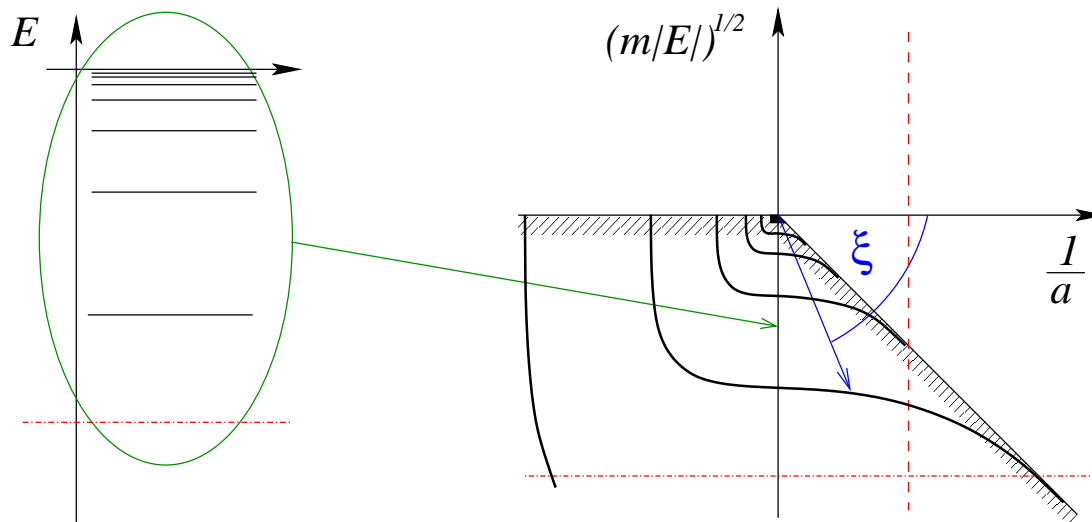
⇒ Tjon line (Tjon, 1975)



- Variation of Λ_* parametrizes Tjon line
- Correlation universal: Nucleons, ⁴He atoms,...

Limit Cycle: Efimov Effect

- Universal spectrum of three-body states
(Efimov, 1970)



- Discrete scale invariance for fixed angle ξ
- Geometrical spectrum for $1/a \rightarrow 0$

$$B_3^{(n)} / B_3^{(n+1)} \xrightarrow{1/a \rightarrow 0} \left(e^{\pi/s_0} \right)^2 = 515.035\dots$$

- Ultracold atoms \implies variable scattering length

- Manifestation of limit cycle in scattering observables:

⇒ log-periodic dependence on $a\Lambda_*$

$$\text{Observable} = f(s_0 \ln(a\Lambda_*)), \quad f \text{ periodic}$$

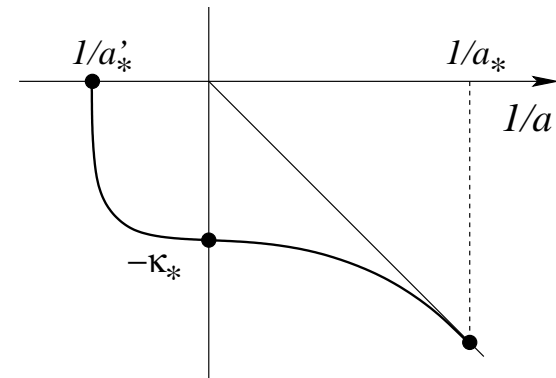
$$\text{e.g. } a_{AD} = (1.46 - 2.15 \tan(s_0 \ln(a\Lambda_*) + 0.09))a$$

⇒ indirect observation of Efimov effect

⇒ **Cold atoms/Feshbach resonances**

- Alternative definitions of 3-body parameter are possible: κ_* , a_* , a'_* , ...

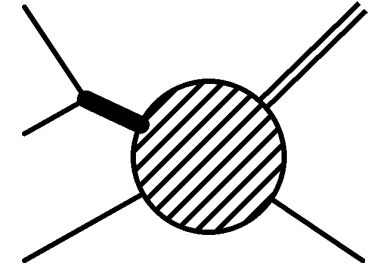
(Difference: constant factors...)



$$\text{e.g. } s_0 \ln(a\Lambda_*) = s_0 \ln(a\kappa_*) + c \quad \Rightarrow \quad \Lambda_* = \kappa_* e^{c/s_0}$$

- Recombination into universal dimer:

3 atoms \rightarrow dimer + atom \Rightarrow **loss of atoms**



- Recombination constant: $\dot{n}_A = -K_3 n_A^3$

- Scattering length dependence for $a > 0$:

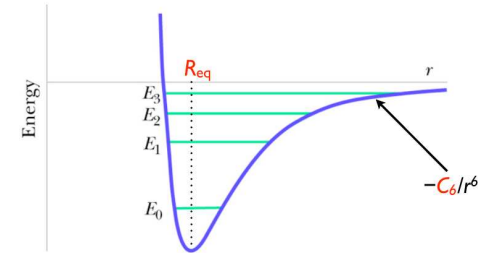
(Nielsen, Macek, 1999; Esry, Greene, Burke, 1999; Bedaque, Braaten, HWH, 2000)

$$K_3 \approx 201.3 \sin^2 [s_0 \ln(a\kappa_*) + 1.16] \frac{\hbar a^4}{m}, \quad s_0 \approx 1.00624..$$

- Modification from deeply-bound dimer states?
- Recombination into deep dimers?
- How to include?

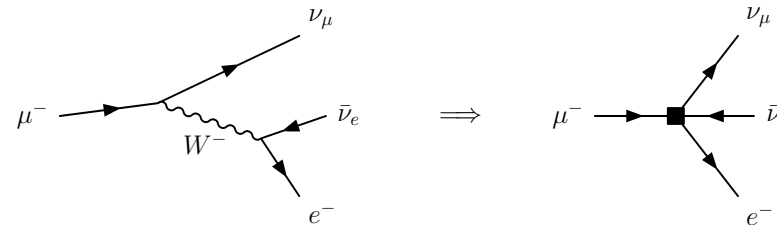
Recombination into Deep Dimers

- What about recombination into deep dimers?



- Large energy release \Rightarrow final states have large momenta $P_R \Rightarrow$ outside of EFT...
- But effects of high-momentum particles on low-momentum particles can be incorporated in EFT

- Example: muon decay



- Moreover: final state particles created in localized region $\sim \hbar/P_R$
 \Rightarrow effect on low-momentum particles can be accounted for by local anti-hermitian operators in \mathcal{L}

(cf. quarkonium annihilation in NRQCD: Bodwin, Braaten, Lepage, PRD **51** (1995) 1125)

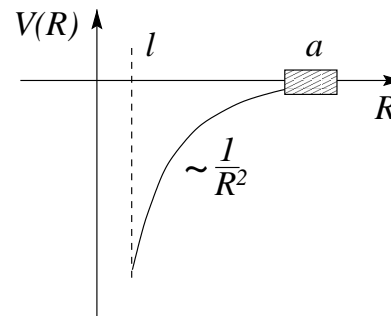
- Use optical theorem \Rightarrow contribution to muon self energy

$$\int d\Pi \left(\begin{array}{c} \nu_\mu \\ \mu^- \rightarrow \square \left(\begin{array}{c} \bar{\nu}_e \\ e^- \end{array} \right) \end{array} \right) \times \left(\begin{array}{c} \nu_\mu \\ \mu^- \rightarrow \square \left(\begin{array}{c} \bar{\nu}_e \\ e^- \end{array} \right) \end{array} \right)^* \Rightarrow \begin{array}{c} \mu^- \rightarrow \bullet \rightarrow \mu^- \end{array}$$

- Three-body recombination into deep dimers: anti-hermitian three-body interaction

$$\Rightarrow s_0 \ln \kappa_* \rightarrow s_0 \ln \kappa_* + i\eta_* \quad (\text{Braaten, HWH, 2004})$$

- Interpretation: $P_{loss} = 1 - \exp(-4\eta_*)$ is probability for atoms to get lost at short distances ($\eta_* \geq 0$)

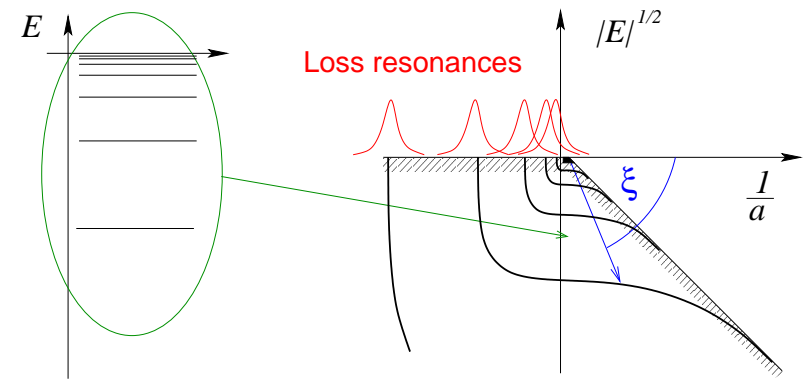


- Nuclear physics analog: optical potential

- **Consequences:** modification of recombination into shallow dimer ($a > 0$) & recombination into deep dimers (all a)
- **Efimov resonances in three-body recombination for $a < 0$**

$$K_3^{\text{deep}} \approx \frac{13770 \sinh(2\eta_*)}{\sin^2[s_0 \ln(a/a'_*)] + \sinh^2 \eta_*} \frac{\hbar a^4}{m},$$

⇒ striking features in loss rates



- **Efimov resonances in atom-dimer recombination for $a > 0$**
- **Practical limitation at finite T :** resonances will be washed out if

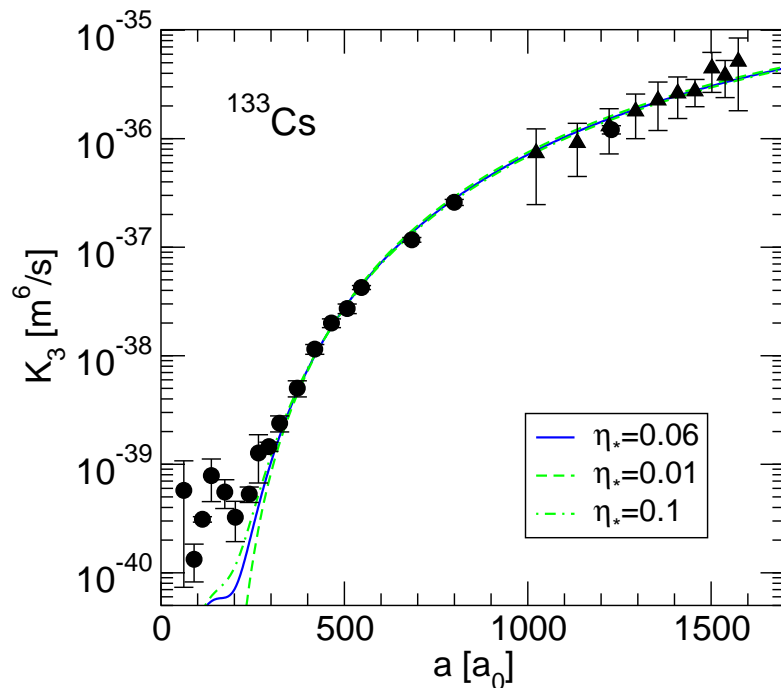
$$E_T \ll k_B T \quad \Leftrightarrow \quad |a| \gg \lambda_{th}$$

Observation of Efimov States

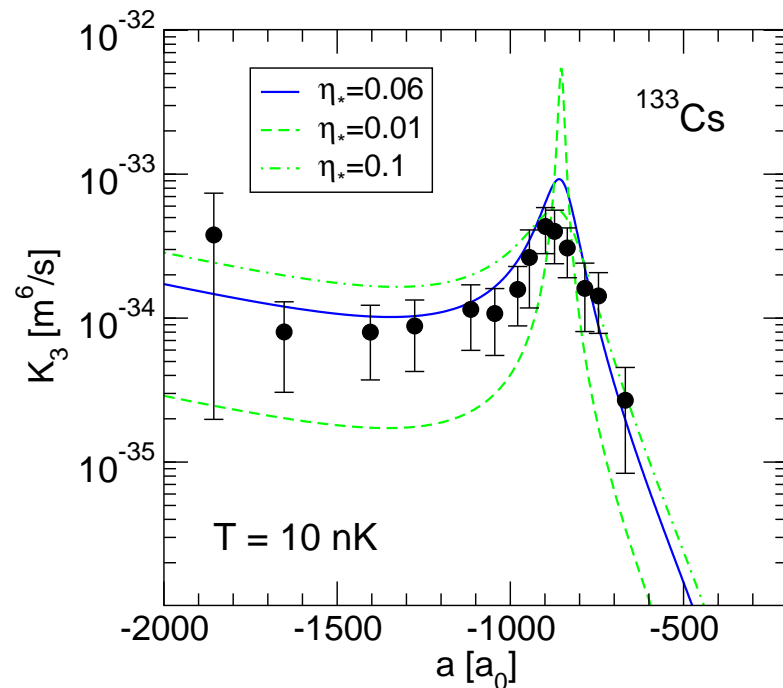
- Experimental evidence for Efimov states in ^{133}Cs

(Kraemer et al. (Innsbruck), Nature **440** (2006) 315)

- Identification via signature in recombination rate



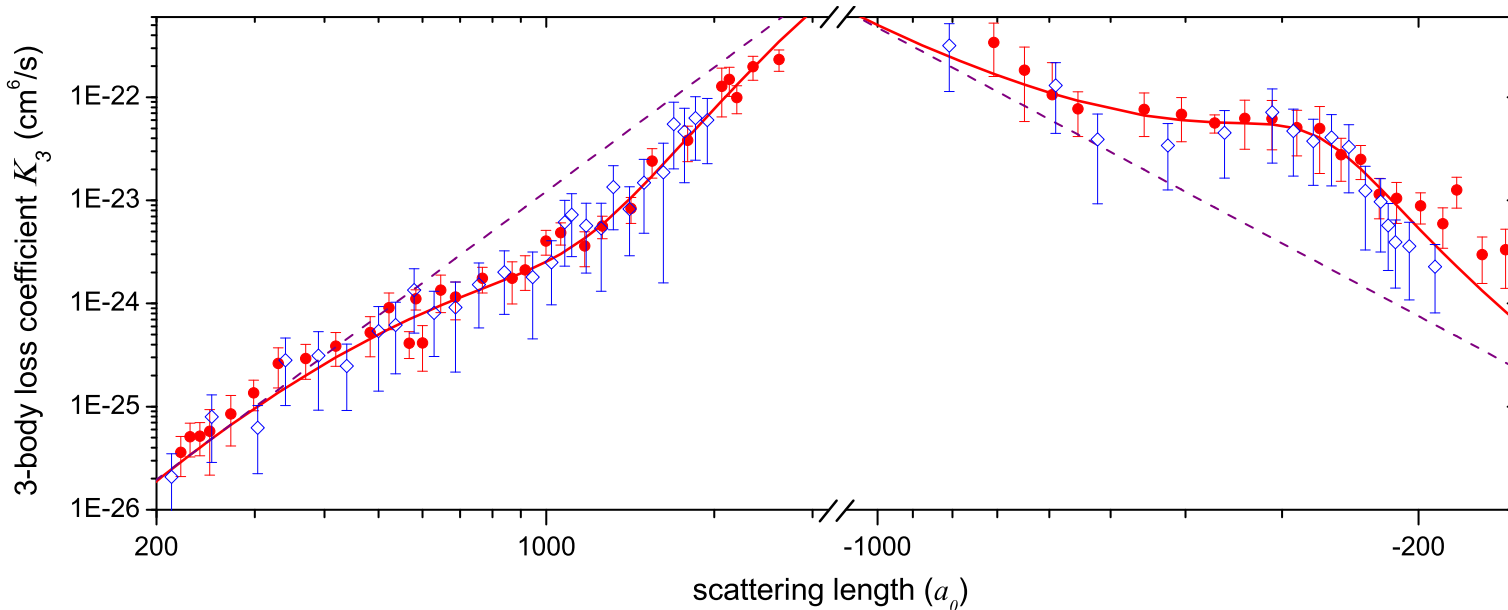
$$a > 0: \quad \kappa_* = 0.780/a_0$$



$$a < 0: \quad \kappa_* = 0.945/a_0$$

- Finite temperature effects for $a > 0$ ($T \geq 200$ nK)

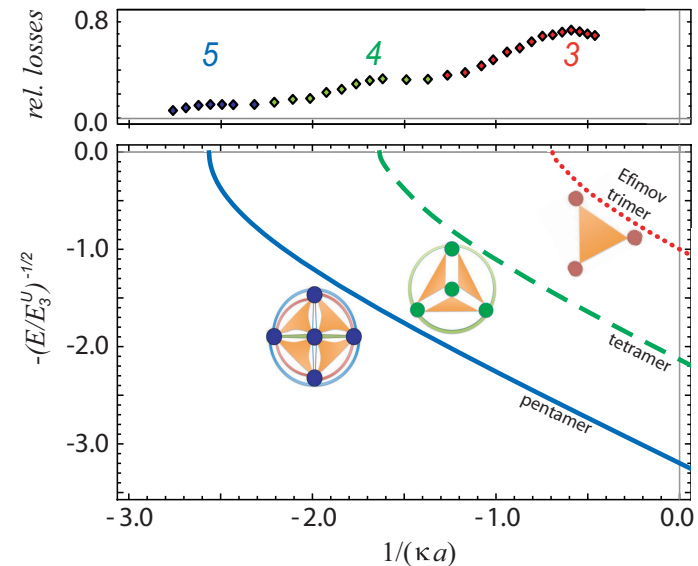
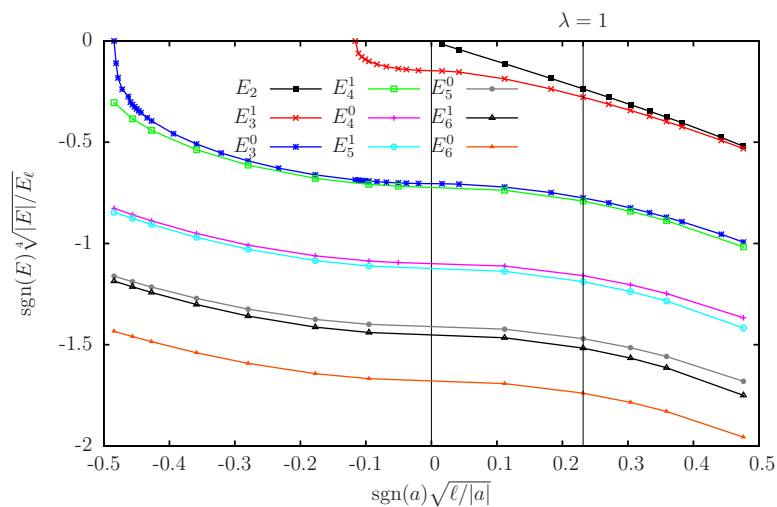
- First experimental evidence in ^{133}Cs (Krämer et al. (Innsbruck), 2006)
now also ^6Li , ^7Li , ^{39}K , $^{41}\text{K}/^{87}\text{Rb}$, $^6\text{Li}/^{133}\text{Cs}$
- Example: Efimov spectrum in ^7Li ($|m_F = 0\rangle$, $|m_F = 1\rangle$)
(Gross et al. (Bar-Ilan Univ.), Phys. Rev. Lett. **105** (2010) 103203)



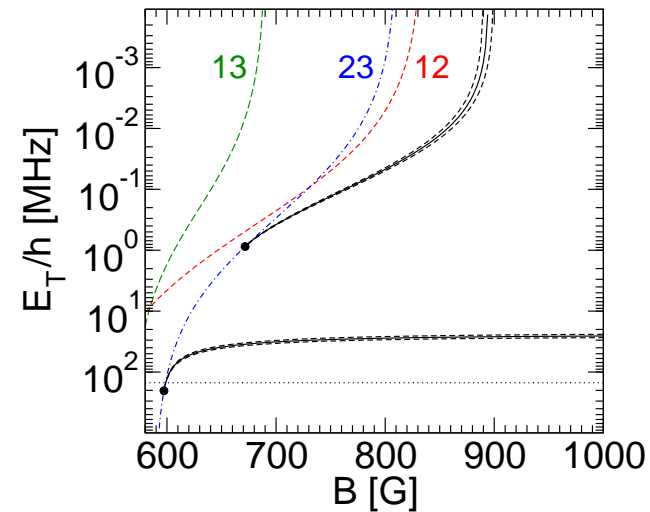
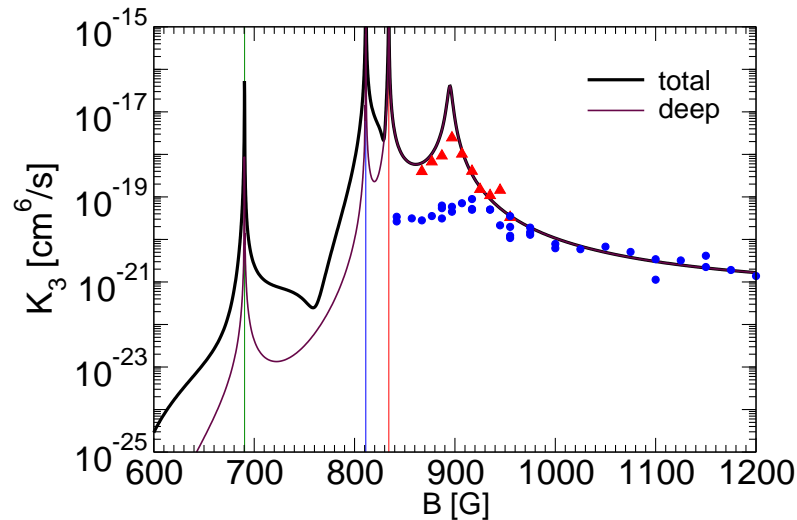
- Van der Waals tail determines position: $a_-/l_{vdW} \approx -10$ ($\pm 15\%$)
(Wang et al., 2012; Naidon et al. 2012, 2014; ...)
... but not width parameter η_* ...

Universal Tetramers and Beyond

- No four-body force required at LO (Platter, HWH, Meißner, 2004)
- Universal tetramers: $B_4^{(0)} = 4.610(1) B_3$, $B_4^{(1)} = 1.00227(1) B_3$
(Platter, HWH, 2004, 2007; von Stecher et al., 2009; Deltuva 2010-2013)
- Two tetramers attached to each trimer
- Universal states up to $N = 16$ calculated
(von Stecher, 2010, 2011; Gattobigio, Kievsky, Viviani, 2011-2014)
- Observation up to $N = 5$ in Cs losses (Grimm et al. (Innsbruck), 2009, 2013)



- Recombination and bound state spectrum: ${}^6\text{Li}$ atoms



Williams et al. (Penn State), Phys. Rev. Lett. **103** (2009) 130404

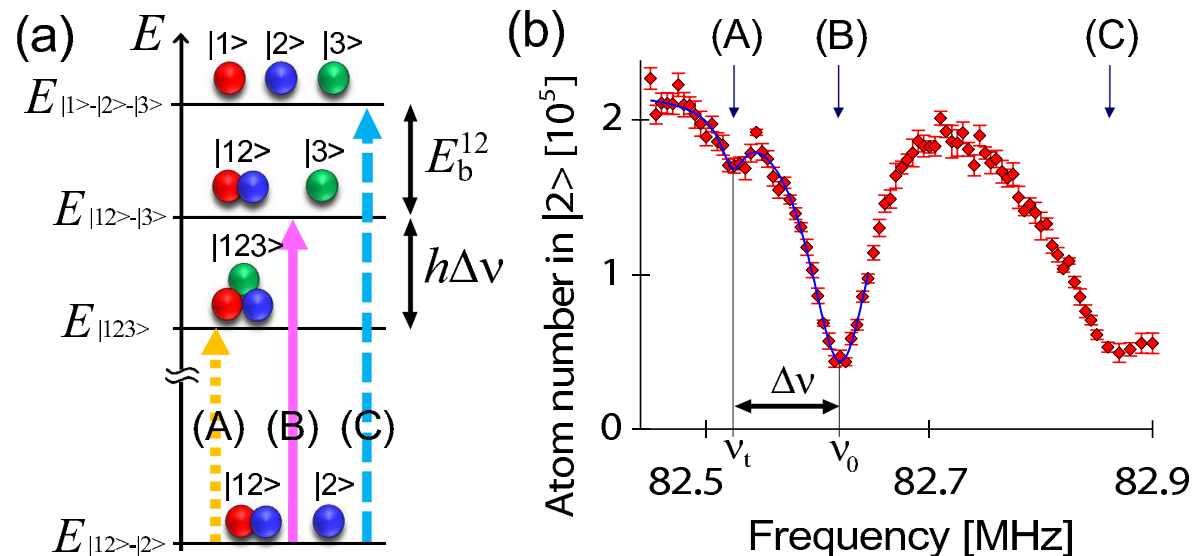
Braaten, HWH, Kang, Platter, Phys. Rev. A **81** (2010) 013605

- **Prediction:** atom-dimer relaxation resonance around 680 G (1 – 23)
- **Experiment:** resonance at 685 G
(Lompe et al. (Heidelberg), 2010)
- **Direct observation of Efimov trimers?**

- Direct observation of Efimov trimers through radio frequency association in ${}^6\text{Li}$

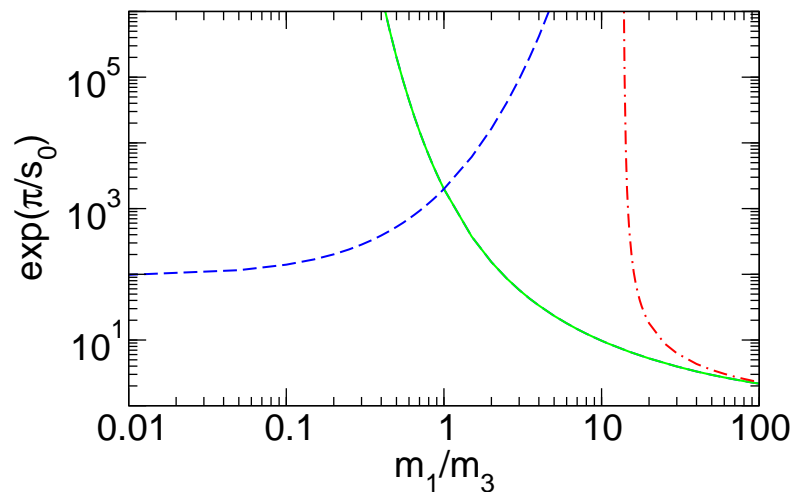
Lompe et al. (Heidelberg), *Science* **330** (2010) 940

Nakajima et al. (Tokyo), *Phys. Rev. Lett.* **106** (2011) 143201

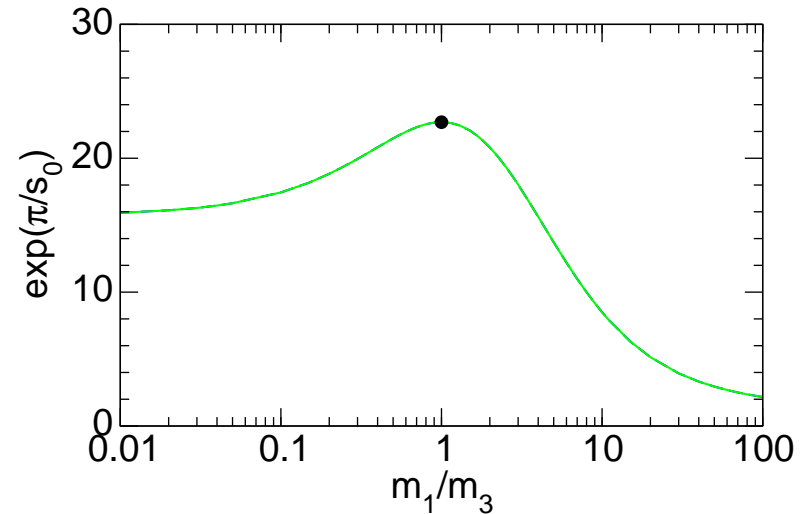


- Higher order corrections are required for quantitative description
- Phenomenological model with energy-dependent scattering length and three-body parameter can describe data

- Unequal masses: scaling factor changes
- Example: $m_1 = m_2, m_3$



2 interacting pairs



3 interacting pairs (bosons/distinguishable)

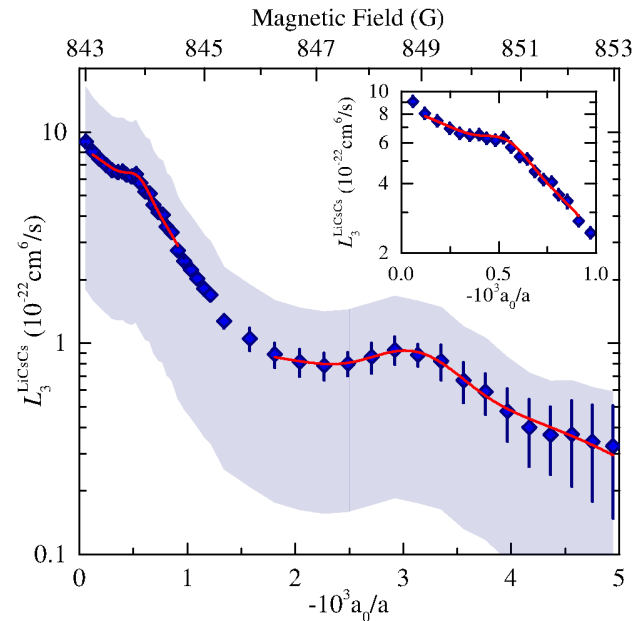
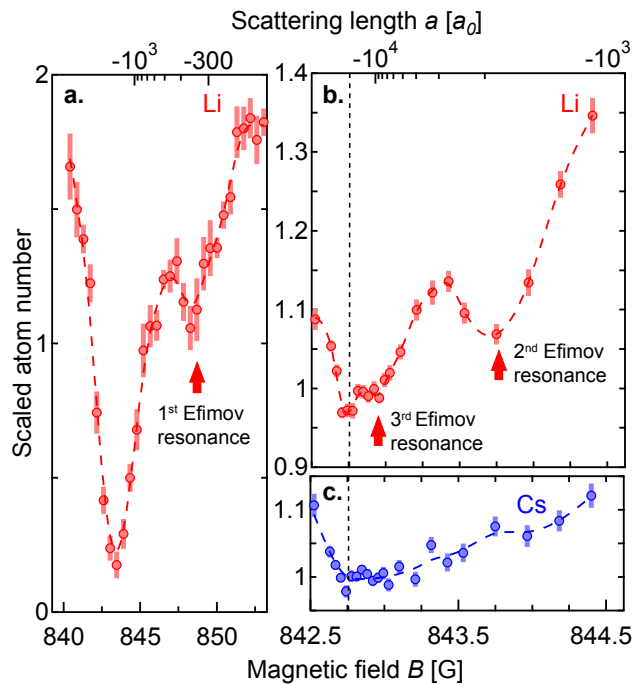
(Braaten, HWH, Phys. Rep. **428** (2006) 259)

- More favorable scaling factor for two heavy & one light particle
- Experiments with mixtures

- Scaling factor can be significantly reduced in mixtures
- Example: Efimov spectrum in ${}^6\text{Li}/{}^{133}\text{Cs}$ mixture ($\lambda_0 \approx 4.9$)

Tung et al. (Chicago), PRL113, 240402 ('14)

Pires et al. (Heidelberg), PRL112, 250404 ('14)



- Spectrum of universal states for $N > 3$
(Blume, Yang, 2014; Schmickler, HWH, Hiyama, in progress)

- **Effective field theory for unitary limit**
 - ⇒ leading order interactions g_2, g_3 resummed to all orders
 - ⇒ g_j terms for $j \geq 4$ are higher order
 - ⇒ higher-derivative terms are perturbative
- **Scale invariance anomalously broken for 3 and more particles**
 - ⇒ Efimov states and cousins
- **Universal correlations between few-body observables**
- **Efimov physics in ultracold atoms**

Additional Transparencies



- Study universal properties of N -boson droplets in 2 spatial dimensions

$$H = \int d^2x \left(\frac{\hbar^2}{2m} |\nabla \psi|^2 - \frac{g}{2} (\psi^\dagger \psi)^2 + \dots \right)$$

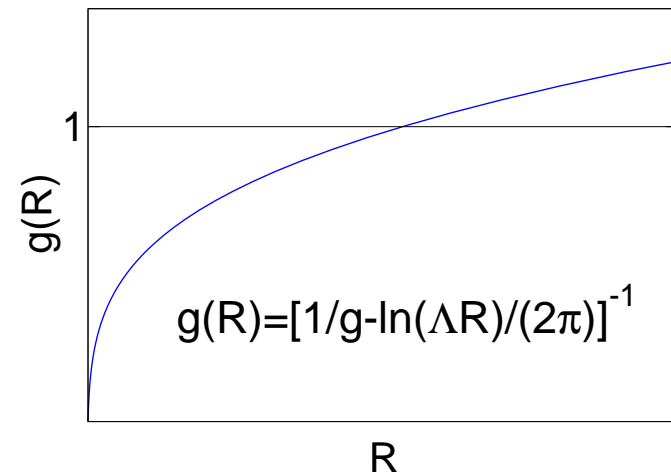
- Weakly attractive interaction: $g > 0$ (cf. Landau-Lifshitz)

→ exponentially shallow dimer: $B_2 \sim \Lambda^2 \exp(-4\pi/g)$

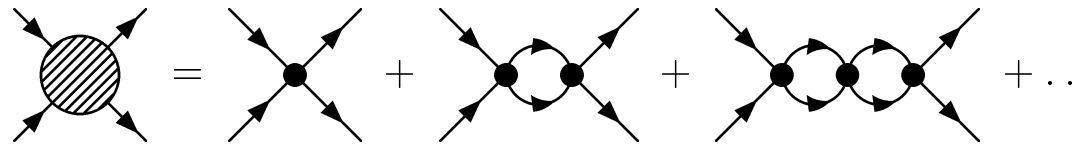
- Define running coupling $g(R)$

→ asymptotic freedom

→ calculate shallow N -body states



- All N -body energies are proportional to B_2
- Use classical field theory with running coupling $g(R)$ to calculate $B_N \Rightarrow$ **RG improved variational calculation**



- Ansatz:
$$\psi(\mathbf{r}) = \frac{\sqrt{N}}{R\sqrt{2\pi C}} f\left(\frac{r}{R}\right) \longrightarrow N = \int d^2x \psi^\dagger \psi$$

\rightarrow minimize H with respect to size R and shape $f(r/R)$

- Minimization with respect to size R : $g(R) \sim 1/N + \mathcal{O}(1/N^2)$
- Both T and V are of $\mathcal{O}(N) \rightarrow g(R)$ stabilizes droplet
- Minimization with respect to shape $f \rightarrow$ bell shape

- N -body bound states show exponential behavior

$$B_N = (c_0 + c_{-1}/N + c_{-2}/N^2 + \dots) 8.567^N$$

$$\Rightarrow B_N/B_{N-1} \approx 8.567, \quad R_N/R_{N-1} \approx 0.3417, \quad N \gg 1$$

(HWH, D.T. Son, Phys. Rev. Lett. **93** (2004) 250408)

- Finite range interactions: $1 \ll N \ll N_c \approx 0.931 \ln(R_2/r_0)$
- How large is large?
- Few-body calculations for $N = 3, 4$ are available

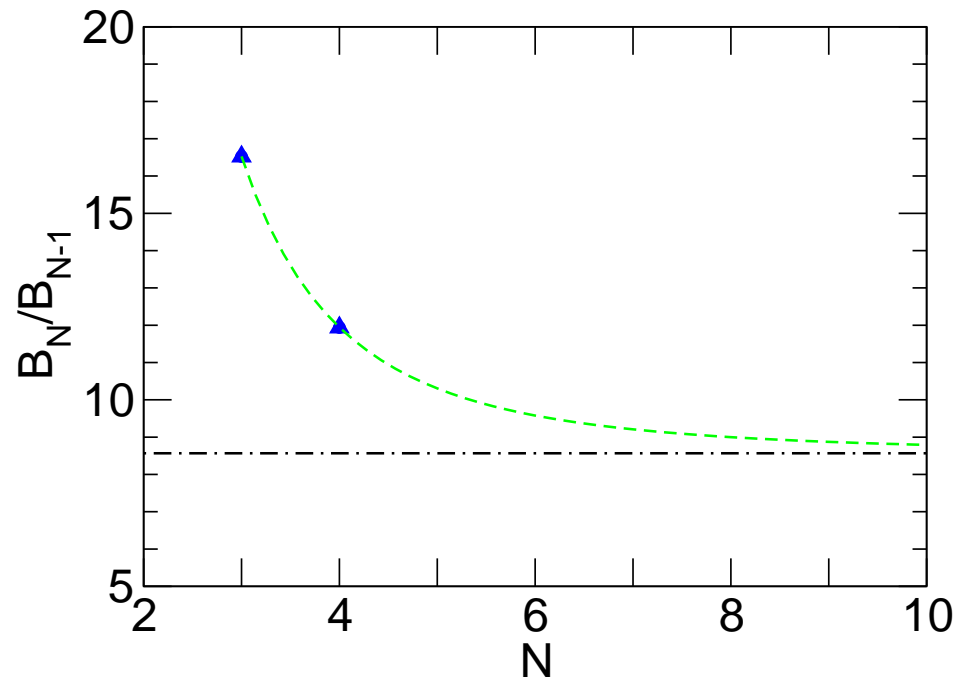
Bruch, Tjon, Phys. Rev. A **19** (1979) 425

Nielsen, Jensen, Fedorov, Few-Body Syst. **27** (1999) 15

Platter, Hammer, Meißner, Few-Body Syst. **35** (2004) 169

- How is the large- N limit approached?

$$N \gtrsim 6 \Leftrightarrow \frac{a}{r_e} \gg 600$$



- Calculate explicitly for larger N
(cf. Blume, Phys. Rev. B **72** (2005) 094510; Lee, Phys. Rev. A **73** (2006) 063204)
- Realization in experiment?