

## Puncture schemes

We want to solve  $E_{\alpha\beta}[\bar{h}^{(n)}] = 0 \quad x \notin \gamma \quad (1)$

$$E_{\alpha\beta}[\bar{h}^{(n)}] = 2S^2 G_{\alpha\beta}[\bar{h}^{(n)}] \quad x \notin \gamma \quad (2)$$

subject to the (free) boundary conditions

$$\bar{h}_{\alpha\beta}^{(n)} = \bar{h}_{\alpha\beta}^{S(n)} + \bar{h}_{\alpha\beta}^{R(n)} \quad (3) \text{ near } \gamma, \text{ for some smooth vacuum perturbations } \bar{h}_{\alpha\beta}^{(n)}$$

the equation of motion

$$\frac{D^2 z^\alpha}{dt^2} = -\frac{1}{2}(g^{\alpha\beta} - u^{R\alpha\beta})(2\nabla_\mu h_{\beta\gamma}^R - \nabla_\beta h_{\mu\gamma}^R) u^\mu u^\nu \quad (4)$$

and the constraint  $\nabla^\rho \bar{h}_{\alpha\beta} = 0. \quad (5)$

We also impose retarded BCs: no incoming waves from  $\infty$   
no outgoing waves from the BH

We enforce (3) using a puncture scheme: start with the local expansion of  $\bar{h}_{\alpha\beta}^{S(n)}$  and truncate it at order  $r^p$  with  $p \geq 1$ . Call this a puncture  $\bar{h}_{\alpha\beta}^{P(n)}$ .

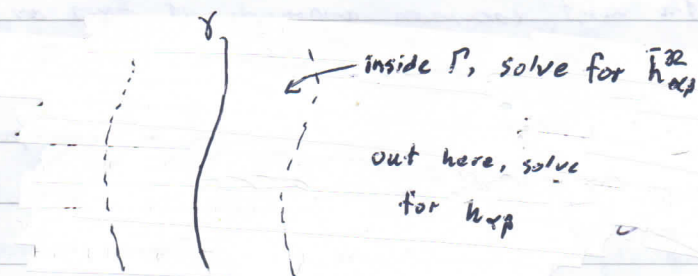
$$\text{So } \bar{h}_{\alpha\beta}^{P(n)} = \bar{h}_{\alpha\beta}^{S(n)} + \mathcal{O}(r^2) \quad (\text{with } p=1)$$

Now define

$$\text{the residual field } \bar{h}_{\alpha\beta}^{R(n)} = \bar{h}_{\alpha\beta}^{(n)} - \bar{h}_{\alpha\beta}^{P(n)} \\ = \bar{h}_{\alpha\beta}^{R(n)} + \mathcal{O}(r^2)$$

$\Rightarrow$  we can replace  $\bar{h}_{\alpha\beta}^R$  with  $\bar{h}_{\alpha\beta}^{R(n)}$  in (4)

In some region  $\Gamma$  around  $\gamma$ , convert (1) and (3) into equations for  $\bar{h}_{\alpha\beta}^{R(n)}$  by moving  $\bar{h}_{\alpha\beta}^{P(n)}$  to the RHS



For example,  $E_{\alpha\beta}[\bar{h}^{(n)}] = 0 \quad \forall x \notin \gamma$

$$\Rightarrow E_{\alpha\beta}[\bar{h}^{P(n)} + \bar{h}^{R(n)}] = 0 \quad \forall x \in (\Gamma - \gamma)$$

$$\Rightarrow E_{\alpha\beta}[\bar{h}^{R(n)}] = -E_{\alpha\beta}[\bar{h}^{P(n)}] \quad \forall x \in (\Gamma - \gamma)$$

$$\Rightarrow E_{\alpha\beta}[\bar{h}^{R(n)}] \equiv S_{\alpha\beta}^{\text{eff}} \equiv \begin{cases} -E_{\alpha\beta}[\bar{h}^{P(n)}] & \forall x \in (\Gamma - \gamma) \\ \lim_{x' \rightarrow x} E_{\alpha\beta}[\bar{h}^{P(n)}(x')] & \forall x \in \gamma \end{cases} \\ \equiv E'_{\alpha\beta}[\bar{h}^{P(n)}]$$

So we get 
$$E_{\text{exp}}[\bar{h}^{R(1)}] = S_{\text{eff}}^{(1)} \quad x \in \Gamma$$

$$E_{\text{exp}}[\bar{h}^{R(1)}] = 0 \quad x \notin \Gamma$$

Similarly, 
$$E_{\text{exp}}[\bar{h}^{R(2)}] = S_{\text{eff}}^{(2)} \equiv \begin{cases} 2\delta^2 G_{\text{pp}}[\bar{h}^{(1)}] - E_{\text{exp}}[\bar{h}^{P(2)}] & x \in (\Gamma - \gamma) \\ \lim_{x' \rightarrow x} (2\delta^2 G_{\text{pp}}[\bar{h}^{(1)}] - E_{\text{exp}}[\bar{h}^{P(2)}](x')) & x \in \gamma \end{cases}$$

$$E_{\text{exp}}[\bar{h}^{(2)}] = 2\delta^2 G_{\text{pp}}[\bar{h}^{(1)}] \quad x \notin \Gamma$$

when crossing into or out of  $\Gamma$ , we use the change of variables  $\bar{h}_{\text{pp}}^{(1)} = \bar{h}_{\text{pp}}^{R(1)} \rightarrow \bar{h}^{(1)}$

Physical picture: we've replaced the physical object with a puncture <sup>in spacetime</sup>

It diverges on  $\gamma$ , which satisfies (4)

The solution to this effective problem satisfies the original free-boundary value problem.

### Mode-sum regularization

At first order, as an alternative to the puncture scheme, we can instead solve

$$E_{\text{exp}}[\bar{h}^{(1)}] = -16\pi T_{\text{pp}}^{\text{pp}}[\gamma]$$

for the full field, and afterward subtract  $\bar{h}_{\text{pp}}^{S(1)}$  to obtain  $\bar{h}_{\text{pp}}^{R(1)}$ .

This is by far the most common approach at first order.

The actual subtraction procedure relies on a decomposition into spherical harmonic modes.

Say we want to calculate  $\bar{h}_{\text{pp}}^{R(1)}$  on  $\gamma$ . We write

$$\begin{aligned} \bar{h}_{\text{pp}}^R|_{\gamma} &= \lim_{x \rightarrow \gamma} (\bar{h}_{\text{pp}}(x) - \bar{h}_{\text{pp}}^S(x)) \\ &= \lim_{x \rightarrow \gamma} \sum_{\ell m} [h_{\alpha\beta}^{\ell m}(t, r) Y^{\ell m}(\theta, \phi) - h_{\alpha\beta}^{S, \ell m}(t, r) Y^{\ell m}(\theta, \phi)] \end{aligned}$$

(since  $\bar{h}_{\text{pp}}^R$  is  $C^0$  it doesn't matter which direction we take the limit from)

$$= \lim_{r \rightarrow r_p} \sum_{\ell} [h_{\alpha\beta}^{\ell}(r) - h_{\alpha\beta}^{S, \ell}(r)] \quad \text{where } h_{\alpha\beta}^{\ell}(r) = \sum_m h_{\alpha\beta}^{\ell m}(t_p, r) Y^{\ell m}(\theta_p)$$

$$= \sum_{\ell} [h_{\alpha\beta}^{\ell}(r_p) - h_{\alpha\beta}^{S, \ell}(r_p)] \quad \leftarrow \text{we can take the limit inside because the sum converges uniformly}$$

In practice, we find  $\bar{h}_{\text{pp}}^{S, \ell}(\gamma) = B \ll \ell$  independent

$$\Rightarrow \bar{h}_{\text{pp}}^R(\gamma) = \sum_{\ell} [h_{\alpha\beta}^{\ell}(\gamma) - B]$$

Similarly, to calculate the first-order self-force, we write

$$f_{(1)}^\alpha = \lim_{r \rightarrow r_p} \sum_l \left\{ f_{(1)}^{\alpha, l} [h^{(1)}] - f_{(1)}^{\alpha, l} [h^{S(1)}] \right\}$$

doesn't matter which

$$= \sum_l \left\{ f_{(1)}^{\alpha, l} [h^{(1)}] - f_{(1)}^{\alpha, l} [h^{S(1)}] \right\}$$

In practice we find  $f_{(1)}^{\alpha, l} [h^{S(1)}] = (l + \frac{1}{2}) A_\pm^\alpha + B$   $\kappa$  different  $B$

$$\Rightarrow f_{(1)}^\alpha = \sum_l \left\{ f_{(1)}^{\alpha, l} [h^{(1)}] - (l + \frac{1}{2}) A_\pm^\alpha - B \right\}$$

In general (in the Lorenz gauge), a quantity  $I[h]$  constructed from  $k$  derivatives of  $h_{\text{app}}$  behaves as

$$I[h^{S(1)}] \sim \frac{1}{r^{k+1}} \text{ in 4D}$$

and  $I^L[h^{S(1)}] \sim (l + \frac{1}{2})$  in a mode decomposition

Example: first-order calculation in flat spacetime

Since  $\gamma$  is a geodesic, let's approximate  $\gamma$  as a straight line.

recall general result first

→ In Fermi-Walker coords, we have  $\bar{h}_{\text{app}}^{(1)} = \bar{h}_{\text{app}}^{S(1)} + \bar{h}_{\text{app}}^{R(1)}$

(from matched asymptotic expansions) where  $\bar{h}_{tt}^{S(1)} = \frac{4m}{s}$ , neglecting acceleration terms

$\bar{h}_{ti}^{S(1)} = 0$

$\bar{h}_{ij}^{S(1)} = 0$

$\bar{h}_{\text{app}}^{R(1)}$  is a smooth solution to  $(-\partial_t^2 + \partial_i \partial_i) \bar{h}_{\text{app}}^{R(1)} = 0$

Let's switch to another coordinate system  $(t, x^i)$  in which  $z_0^\mu = (t, x_0^i)$  constant position

In these coords, let's calculate  $\bar{h}_{\text{app}}^{R(1)}$  using a puncture scheme: First decompose into harmonics:  $\bar{h}_{tt}^{S(1)} = \sum_{lm} \frac{16\pi m}{2l+1} \frac{r_l^2}{r_p^{2l+1}} Y_{lm}^*(\theta_0, \phi_0) Y_{lm}(\theta, \phi)$  where  $r_l = \max(r, r_0)$  and  $r_0 = \max(r, r_0)$

impose staticity and BCs and mode decomposition first

$$(-\partial_t^2 + \partial_i \partial_i) \bar{h}_{\text{app}}^{R(1)} = -(-\partial_t^2 + \partial_i \partial_i) \bar{h}_{\text{app}}^{P(1)}$$

Becomes  $\left[ \partial_r^2 + \frac{2}{r} \partial_r - \frac{l(l+1)}{r^2} \right] \bar{h}_{\text{app}}^{R(1)lm} = - \left[ \partial_r^2 + \frac{2}{r} \partial_r - \frac{l(l+1)}{r^2} \right] \bar{h}_{\text{app}}^{P(1)lm} = 0$

$$\Rightarrow \bar{h}_{\text{app}}^{R(1)lm} = C_{\text{app}}^{lm} r^l + D_{\text{app}}^{lm} \frac{1}{r^{l+1}}$$

And that  $\Gamma = \mathbb{R}^4$

regularity at  $r=0 \Rightarrow D_{\text{app}}^{lm} = 0$  and decay at  $r \rightarrow \infty \Rightarrow C_{\text{app}}^{lm} = 0$

$\Rightarrow \bar{h}_{\text{app}}^{R(1)lm} = 0$   
 $\therefore \bar{h}_{\text{app}}^{R(1)} = 0$

20/07/18

## Current status

First order: van de Meent has calculated the self-force on generic <sup>bound</sup> geodesics in Kerr. His calculation uses mode-sum regularization in a "radiation gauge"

Warburton and others have simulated inspirals in Schwarzschild, using mode-sum regularization in the Lorenz gauge

Second order: Pound, Wardell, Warburton, Miller have calculated some quantities at second order for quasicircular orbits in Schwarzschild. Our calculation uses a puncture scheme in the Lorenz gauge, combined with a two-timescale expansion of the field equations