

# COSMOLOGICAL HIGGS-AXION INTERPLAY FOR A NATURALLY SMALL EW SCALE

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ICTP-SAIFR  
São Paulo, Brazil  
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## Program on Particle Physics at the Dawn of the LHC13

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# THE RELAXION

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# OUTLINE

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- ★ The relaxation solution to the hierarchy problem
  - Graham-Kaplan-Rajendran model(s)
  - General issues
- ★ Our improved version
  - Some implications
    - Phenomenology
    - Cosmology
- ★ Conclusions and outlook

## REFERENCES

04/15 Cosmological Relaxation of the EW Scale  
P.W. Graham, D.E. Kaplan, S. Rajendran (GKR)

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04/15 Cosmological Relaxation of the EW Scale  
P.W. Graham, D.E. Kaplan, S. Rajendran (GKR)

Previous work with similar ideas

'84 A Mechanism for Reducing the Cosmological Constant  
L.F. Abbott

'03 Cosmic Attractors and Gauge Hierarchy  
G. Dvali, A. Vilenkin

'04 Large Hierarchies from Attractor Vacua  
G. Dvali

## REFERENCES

- 04/15 Cosmological Relaxation of the EW Scale  
P.W. Graham, D.E. Kaplan, S. Rajendran (GKR)
- Follow-up papers:
- 06/15 Cosmological Higgs - Axion Interplay for a Naturally Small EW Scale  
J.R.E, C. Grojean, G. Panico, A. Pomarol, D. Pujolas, G. Servant
- 07/15 EW Relaxation from Finite Temperature  
E. Hardy
- 07/15 Relaxing the EW scale: the Role of Broken dS Symmetry  
S.P. Patil, P. Schwaller
- 09/15 Is the Relaxion an Axion?  
R.S. Gupta, Z. Komargodski, G. Pérez, L. Ubaldi

## REFERENCES

- 09/15 Natural Heavy Supersymmetry  
B. Batell, E.F. Giudice, M. McCullough
- 09/15 Mirror Cosmological Relaxation of the EW Scale  
O. Matsedonskyi
- 11/15 Realizing the Relaxion from Multiple Axions and  
its UV Completion with High Scale Supersymmetry  
K. Choi, S.H. Im
- 11/15 A Clockwork Axion  
D.E. Kaplan, R. Rattazzi

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# NATURAL SOLUTIONS TO HIERARCHY PROBLEM

$$\left. \begin{array}{l} \text{Supersymmetry} \\ \text{Composite Higgs} \end{array} \right\} \Delta m_H^2 \sim \phi \cdot \Lambda^2$$

⇒ Predict BSM at  $\sim \text{TeV}$   
not to spoil naturalness

⇒ Main argument for new physics at LHC

Common lore:

Stabilizing the EW scale requires  
new particles near the TeV

## THE RELAXION IDEA

New solution to hierarchy problem that challenges this common lore.

Idea

$$V(h) = \frac{1}{2} m_H^2(\phi) h^2 + \dots = \frac{1}{2} (-\Lambda^2 + g\phi\Lambda) h^2 + \dots$$

↙ new field

- $\Lambda^2$  not required to cancel
- $\phi$  changes during cosmological evolution

scanning  $m_H^2$  and stopping at

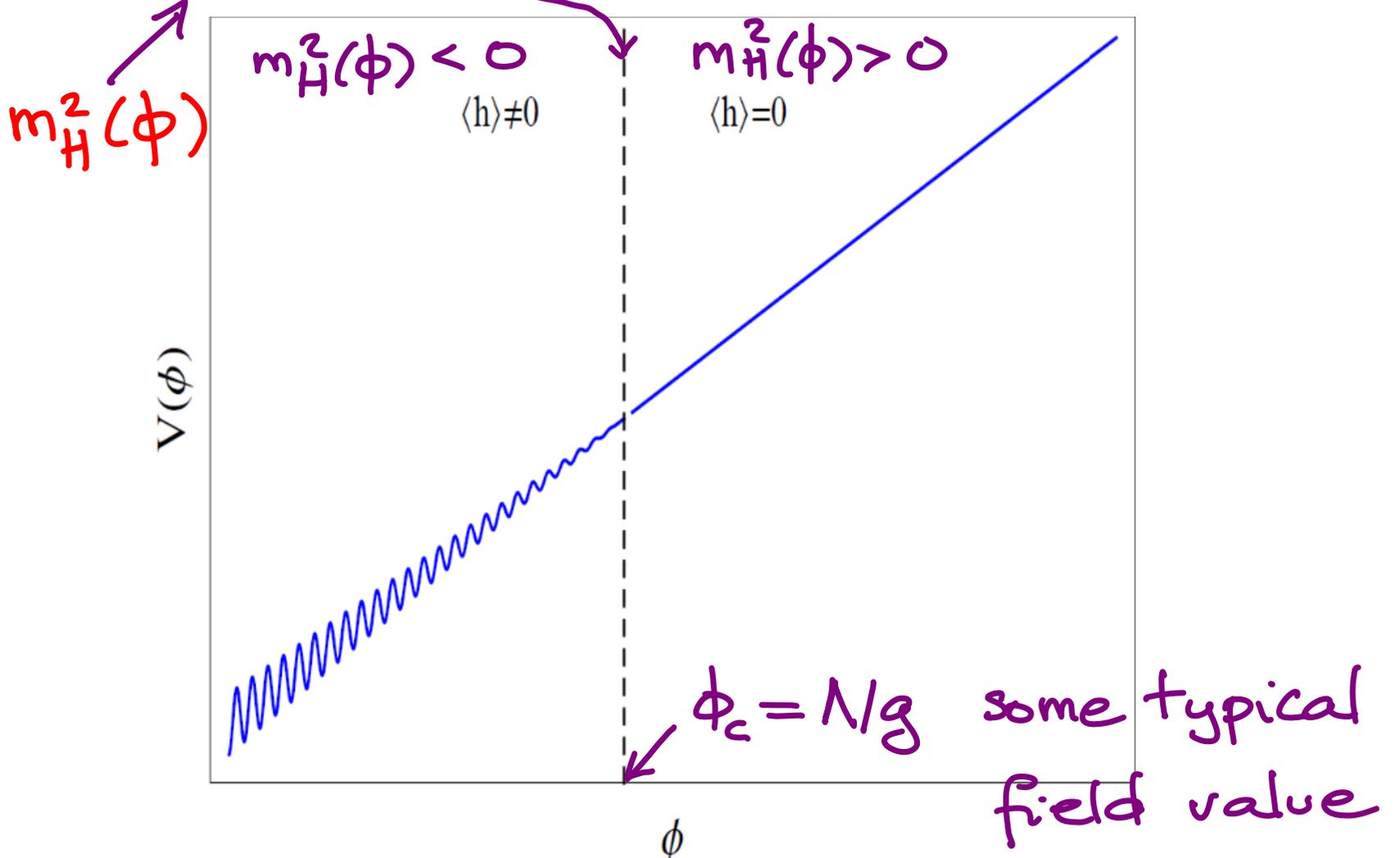
$$m_H^2(\phi_c) = -\Lambda^2 + g\phi_c\Lambda \approx m_{EW}^2 \ll \Lambda^2$$

## THE RELAXION IDEA

$$V = -\frac{\Lambda^2}{2} \left(1 - \frac{g\phi}{\Lambda}\right) h^2 + g\Lambda^3\phi + \epsilon\Lambda_c^4 \left(\frac{h}{\Lambda_c}\right)^n \cos\left(\frac{\phi}{f}\right) + \dots$$

# THE RELAXION IDEA

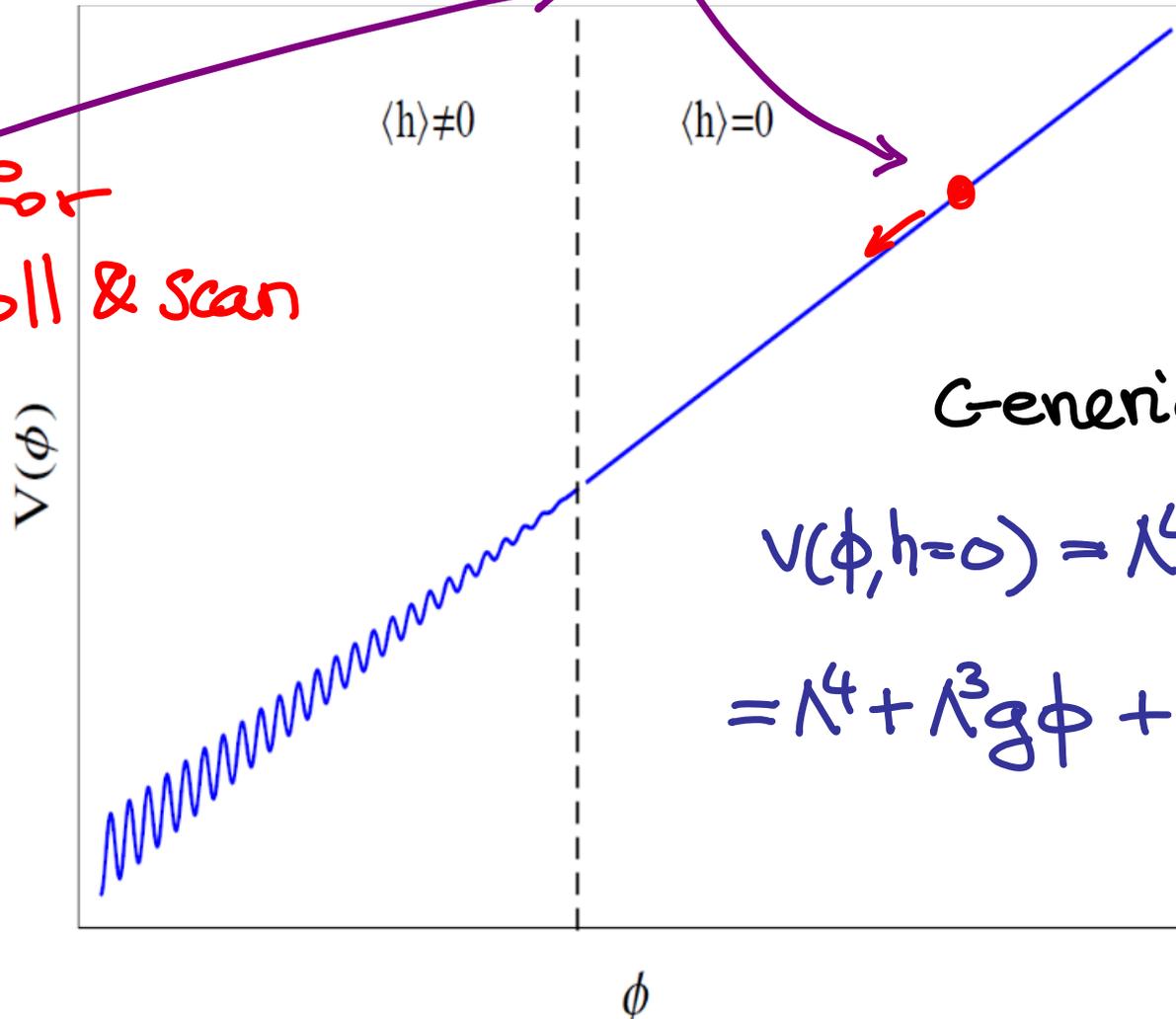
$$V = -\frac{\Lambda^2}{2} \left(1 - \frac{g\phi}{\Lambda}\right) h^2 + g\Lambda^3\phi + \epsilon\Lambda_c^4 \left(\frac{h}{\Lambda_c}\right)^n \cos\left(\frac{\phi}{f}\right) + \dots$$



# THE RELAXION IDEA

$$V = -\frac{\Lambda^2}{2} \left(1 - \frac{g\phi}{\Lambda}\right) h^2 + g\Lambda^3\phi + \epsilon\Lambda_c^4 \left(\frac{h}{\Lambda_c}\right)^n \cos\left(\frac{\phi}{f}\right) + \dots$$

slope for  
 $\phi$  to roll & scan

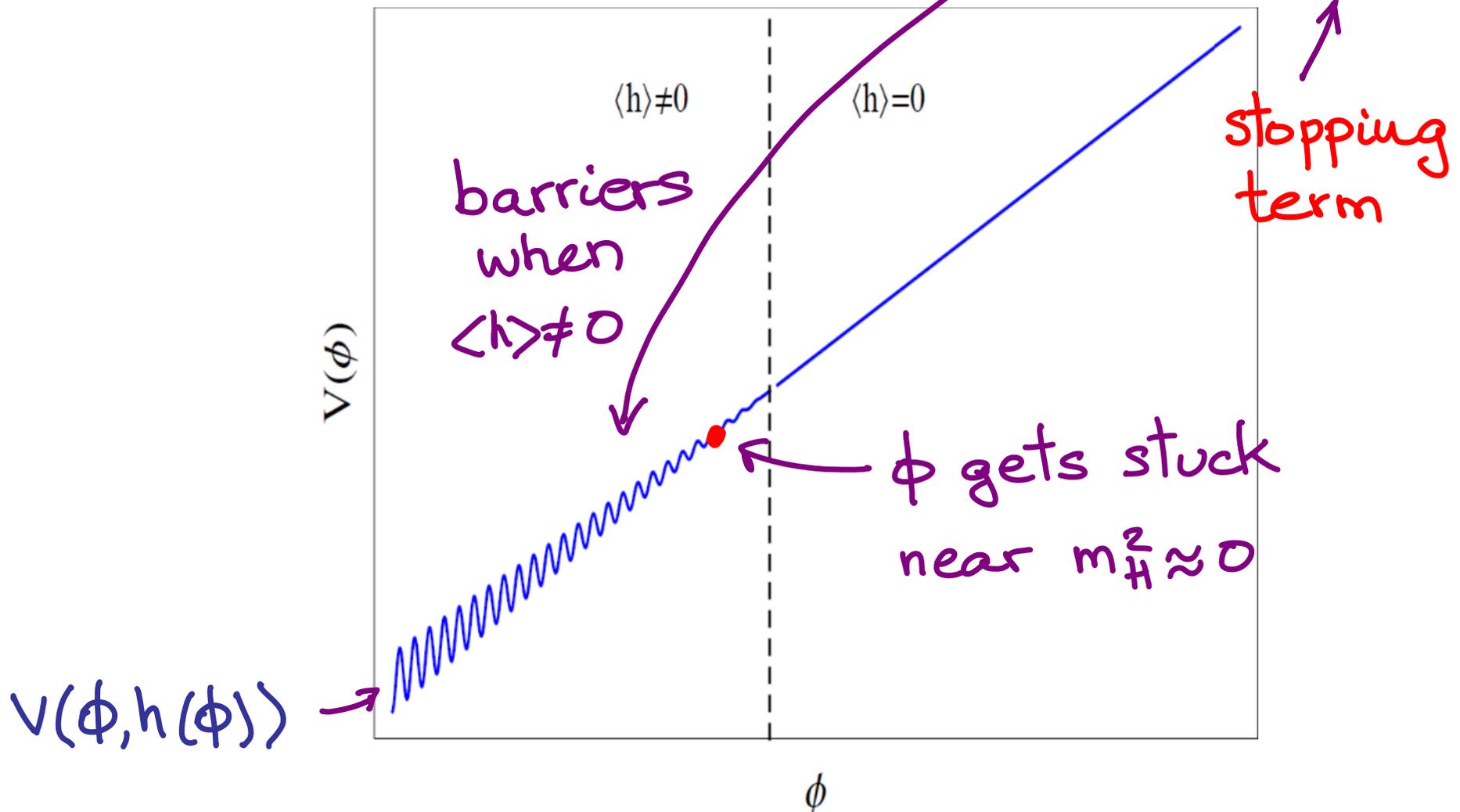


Generically

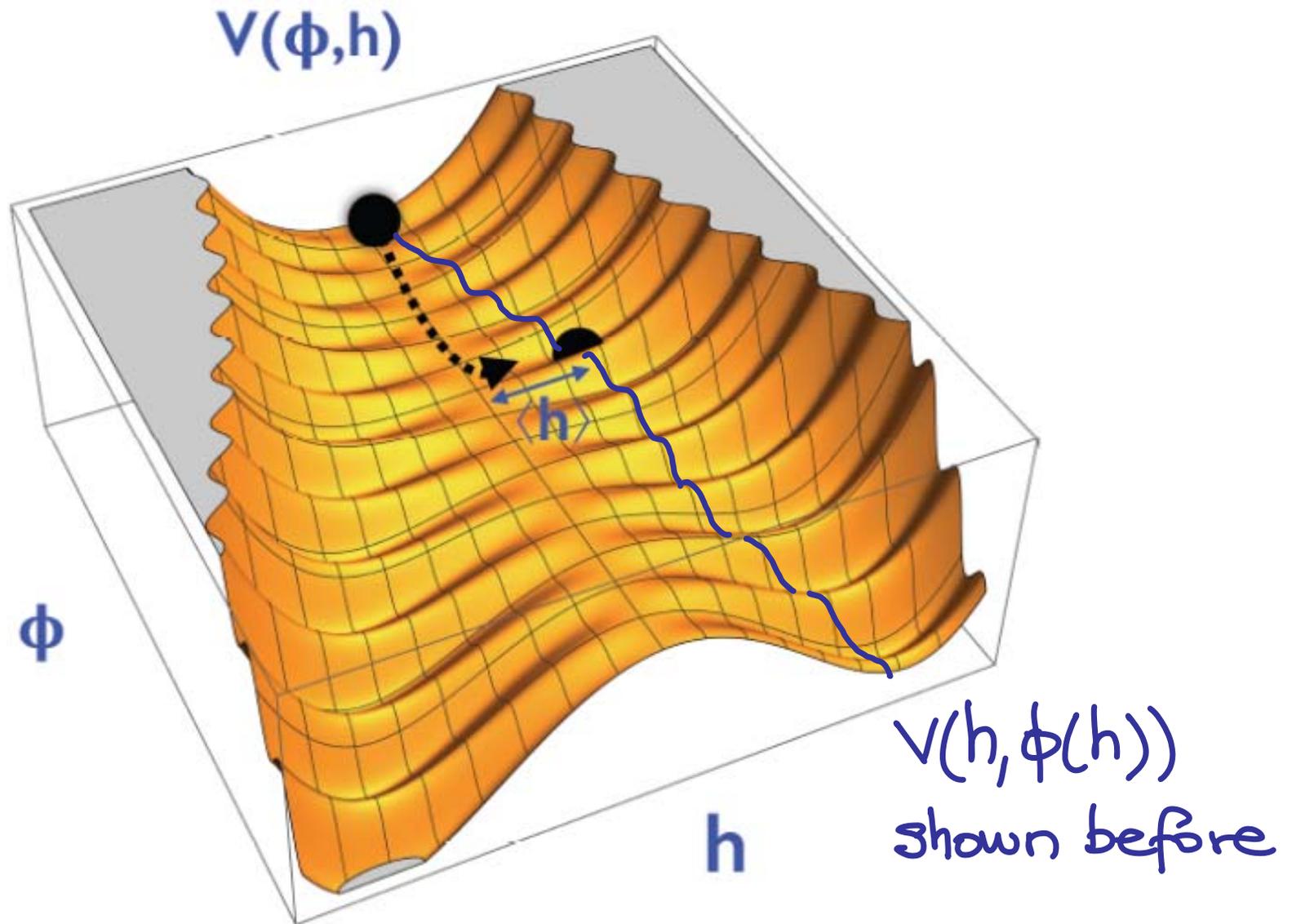
$$\begin{aligned} V(\phi, h=0) &= \Lambda^4 v\left(\frac{g\phi}{\Lambda}\right) \\ &= \Lambda^4 + \Lambda^3 g\phi + \Lambda^2 g^2 \phi^2 + \dots \end{aligned}$$

# THE RELAXION IDEA

$$V = -\frac{\Lambda^2}{2} \left(1 - \frac{g\phi}{\Lambda}\right) h^2 + g\Lambda^3 \phi + \epsilon \Lambda_c^4 \left(\frac{h}{\Lambda_c}\right)^n \cos\left(\frac{\phi}{f}\right) + \dots$$



# 2-FIELD POTENTIAL



## FRICITION NEEDED

To avoid overshooting the EW range vacua.

Obvious solution: slow-roll during inflation\*

$$\ddot{\phi} + 3H_I \dot{\phi} = - \frac{\partial V}{\partial \phi}$$

↑  
friction term

Extra inflaton field to provide required  $N_e$ .

\*Alternative: thermal evolution of  $V \rightarrow$  Hardy

# INFLATION SECTOR

Largely unspecified, except

- $\phi$  subdominant

$$V(\phi) \sim \Lambda^4 < V_I \sim H_I^2 M_P^2$$

- $\phi$  classical roll dominates

$$(\Delta\phi)_{\text{class}} \sim V'_\phi / H_I^2 > (\Delta\phi)_{\text{quant}} \sim H_I$$

Window for  $H_I$ :

$$\frac{\Lambda^2}{M_P} < H_I < \underbrace{(V'_\phi)^{1/3}}_{\Lambda^3 g} \Rightarrow g > \left(\frac{\Lambda}{M_P}\right)^3$$

# INFLATION SECTOR

Also, inflation long enough for  $\phi$  to scan its typical field range  $\sim \frac{\Lambda}{g}$

$$\Delta\phi \sim N_e \cdot \frac{V'_\phi}{H_I^2} \gtrsim \frac{\Lambda}{g}$$

$$\Rightarrow N_e \gtrsim \left( \frac{H_I}{g\Lambda} \right)^2 \gtrsim \left( \frac{\Lambda}{g M_P} \right)^2$$

Usually  $N_e \gg 1$  and  $\Delta\phi \gg M_P$  needed.

(Assumes constant  $H_I$ . Can be much better otherwise  $\rightarrow$  Patil, Schwaller)

## EW SCALE AS OUTPUT

$\phi$  stops at  $v'=0$

Interplay between  $\phi$  slope and barriers:

$$\Rightarrow \langle h \rangle \sim \Lambda_c \left( \frac{gf\Lambda^3}{E\Lambda_c^4} \right)^{1/n}$$

EW Scale in terms of fundamental params.

Goal:

get  $\langle h \rangle \ll \Lambda$  in a technically natural way

# ORIGIN OF THE BARRIERS

How is  $V_{br} = \epsilon \Lambda_c^4 \left(\frac{\hbar}{\lambda_c}\right)^n \cos\left(\frac{\phi}{f}\right)$  generated?

$n=1$  case: EKR model  $\neq 1$

$\phi$  QCD axion  $\delta\mathcal{L} = \frac{g_s^2}{32\pi^2} \cdot \frac{\phi}{f} \cdot G_{\mu\nu} \tilde{G}^{\mu\nu}$

with  $10^9 \text{ GeV} < f < 10^{12} \text{ GeV}$   
(star cooling) (DM abundance)

Axion potential from instanton effects:

$$V(\phi) = (m_u + m_d) \langle q\bar{q} \rangle \cos(\phi/f)$$

$$\Rightarrow \Lambda_c \sim \Lambda_{\text{QCD}}, \epsilon \sim y_u$$

# PREDICTIONS OF QCD-RELAXION

$\langle h \rangle$  and  $\Theta_{\text{QCD}} = \langle \Delta\phi/f \rangle$  : outputs.

$$\langle h \rangle = \frac{g f \Lambda^3}{y_u \Lambda_{\text{QCD}}^3} \ll \Lambda \quad \text{for} \quad g \sim \frac{m_u \Lambda_{\text{QCD}}^3}{f \Lambda^3} \ll 1$$

Ex:  $\Lambda \sim 10^7 \text{ GeV}$  and  $f \sim 10^9 \text{ GeV}$  need  $g \sim 10^{-35}$

Using the constraint  $g > (\Lambda/M_{\text{P}})^3 \Rightarrow$

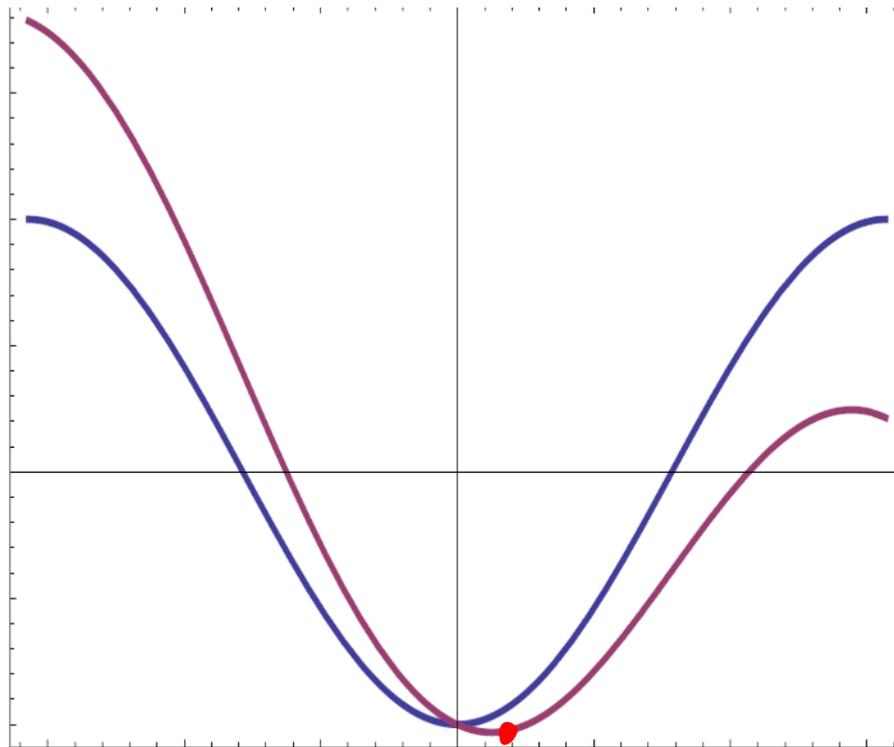
$$\Lambda < 10^7 \text{ GeV} \left( \frac{10^9 \text{ GeV}}{f} \right)^{1/6}$$

# PREDICTIONS OF QCD-RELAXION

However

$$\Theta_{\text{QCD}} \sim \mathcal{O}(1) !$$

due to the potential tilt:



$$\mapsto \Delta\phi/f = \Theta_{\text{QCD}}$$

# BEYOND THE SIMPLE QCD-RELAXION

Ways out :

- Tilt decreases after inflation ( $\theta_{\text{QCD}} < 10^{-10}$ )  
eg. by including  $\delta V = \kappa \sigma_{\text{I}}^2 \phi^2$  ( $\sigma_{\text{I}} = \text{inflaton}$ )

$$\Rightarrow \Lambda \lesssim 3 \times 10^4 \text{ GeV only}$$

- non-QCD strong gauge sector with  
 $\Lambda_c \lesssim \text{TeV}$  and extra fermions at EW scale

GKR model #2

$$\Rightarrow \Lambda \lesssim 10^8 \text{ GeV}$$

Coincidence problem : why  $\Lambda_c \lesssim \text{TeV}$  ?

# SYMMETRIES

Axion Lagrangian

$$\mathcal{L}_a = \frac{1}{2}(\partial_\mu \phi)^2 + \frac{g_s^2}{32\pi^2} \frac{\phi}{f} G_{\mu\nu} \tilde{G}^{\mu\nu}$$

invariant under  $\phi \rightarrow \phi + c$  ( $\phi$  ~~is~~ Goldstone)

Instantons induce  $V \sim \epsilon \cos(\phi/f)$ :  $\phi \rightarrow \phi + 2\pi n f$

$\epsilon$ : ~~sym~~ spurion

Relaxion couplings  $\delta V = \Lambda^3 g \phi + \frac{1}{2} g \phi h^2$

break completely the symmetry

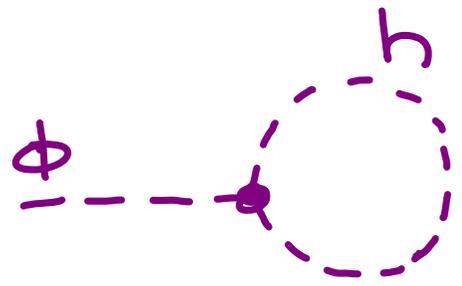
$g$ : ~~sym~~ spurion

$\Rightarrow \epsilon, g \ll 1$  Natural

# TECHNICAL NATURALNESS

Besides  $g, \epsilon \ll 1$  being natural, also  $V(h, \phi)$  should be radiatively natural

E.g



A Feynman diagram showing a loop of  $h$  particles (dashed line) with a  $\phi$  particle entering from the left and an  $x$  particle exiting to the right. The diagram is compared to a tree-level process  $\phi \rightarrow x$  with a single vertex  $g$ .

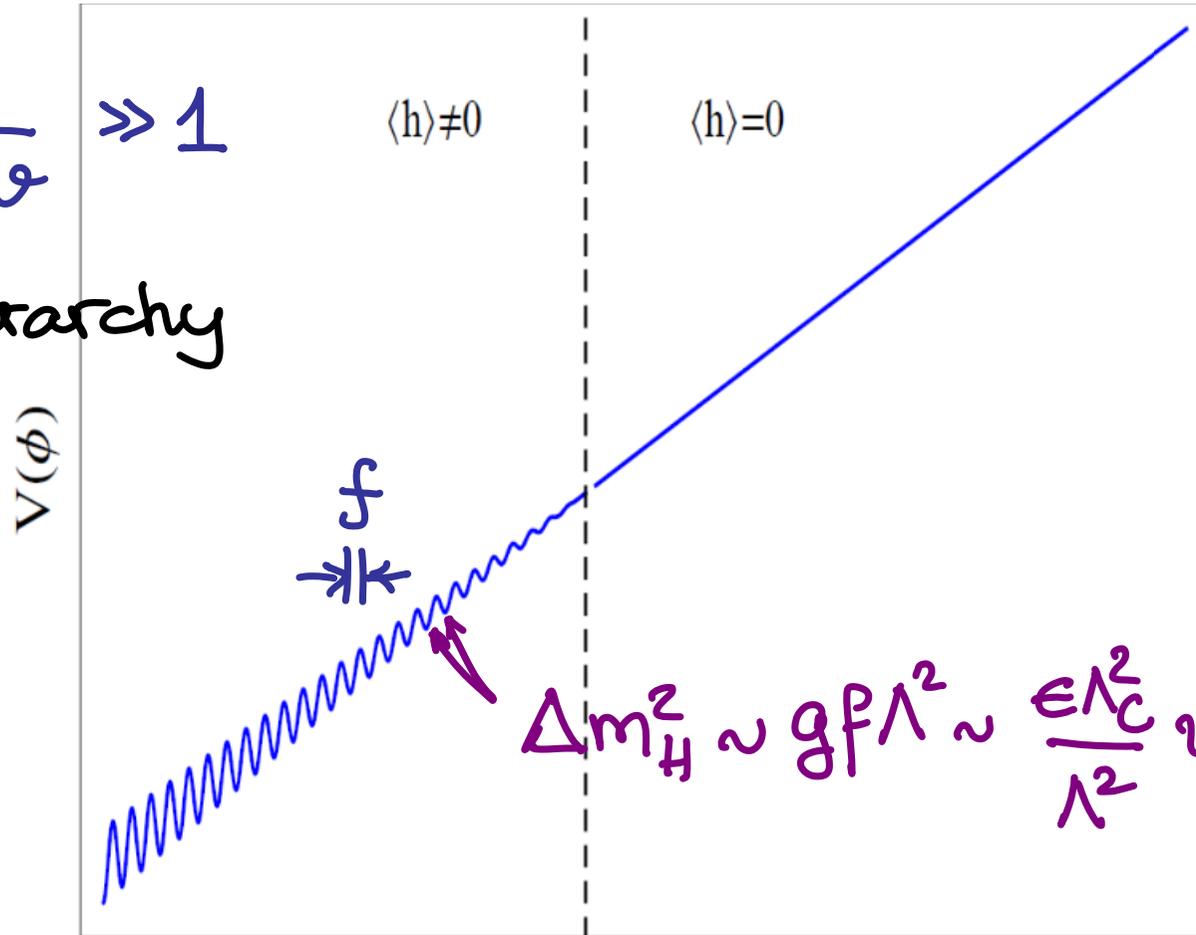
$$g\Lambda \times \frac{\Lambda^2}{16\pi^2} < g\Lambda^3 \quad \checkmark$$

(Explains why we use single spurion  $g$  in both terms)

# SCALES

$$\frac{\Delta\phi}{f} \gtrsim \frac{\Lambda^4}{\epsilon \Lambda_c^3 v} \gg 1$$

Is this hierarchy natural?



$$\Delta m_H^2 \sim g f \Lambda^2 \sim \frac{\epsilon \Lambda_c^2}{\Lambda^2} v^2 \ll v^2 \quad \checkmark$$

$$\begin{array}{c} \phi \\ \Delta\phi \\ \sim \Lambda/g \gg \Lambda \end{array} \quad \text{problematic?}$$

## CONCERNS ABOUT $V(\phi)$ ?

$\phi$  starts as an angular dof.

PNGBs have compact field range.

$g \neq 0$  makes the field range non compact.

Komargodski et al. stressed (known) concerns

about the consistency of this:

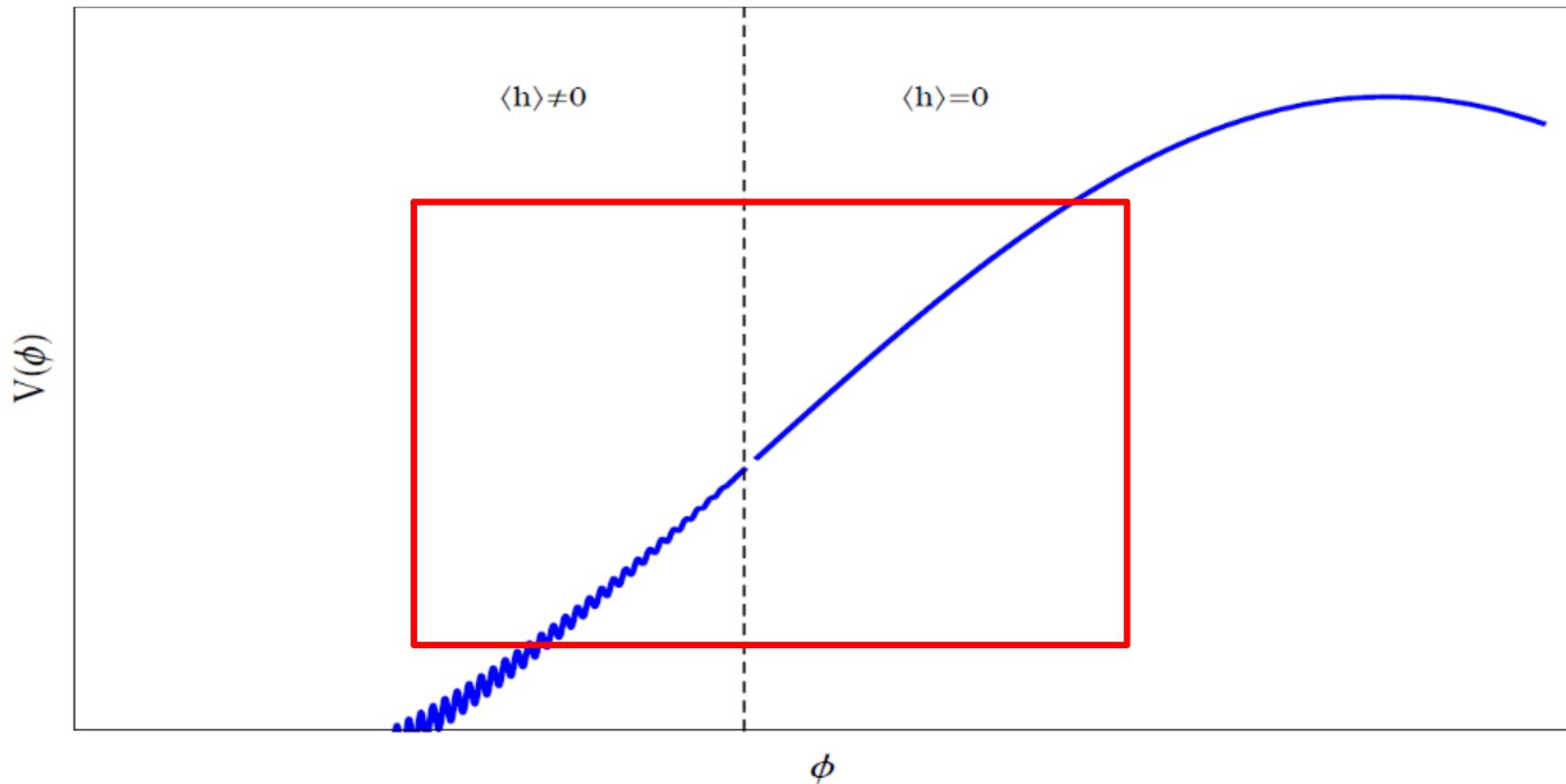
Can't break a gauge symmetry ( $\equiv$  redundancy)

$\Rightarrow$  All  $\phi$  operators should be periodic.

## CONCERNS ABOUT $V(\phi)$ ?

In practice, it's enough to have a hierarchy of decay constants :  $F=nf \gg f$

$$V \sim A \cos(\phi/F) + B(h) \cos(\phi/f)$$



## CONCERNS ABOUT $V(\phi)$ ?

But, an exponential hierarchy  $F \gg f$  does not seem natural?

Choi, Im + Kaplan, Rattazzi :

QFT examples with  $N$  fields, with field-range  $f$  leading in the IR to a PNCB (linear comb. of the  $N$  fields) with field-range

$$F \sim e^{aN} f \quad a \sim O(1)$$

Directly relevant for relaxion potentials.

# BEYOND GKR

Non-QCD model:

⇒ New physics at TeV (not directly related to natural solution of EW hierarchy)

Our goal →

Can we push  $\Lambda$  higher without leaving new states below TeV?

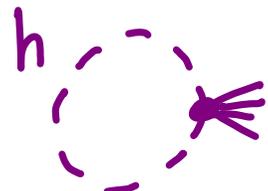
Idea: use  $\epsilon \Lambda_c^2 h^2 \cos(\phi/f)$  to avoid ~~EW~~

and try to push  $\Lambda_c \rightarrow \Lambda$

## OUR MODEL (1<sup>st</sup> TRY)

$$V = \frac{1}{2}(-\Lambda^2 + \Lambda g \phi)h^2 + \Lambda^3 g \phi + \epsilon \Lambda^2 h^2 \cos(\phi/f)$$

Technically natural?

$h$    $\cos(\phi/f) \in \Lambda^4 \cos(\phi/f) \Rightarrow$  high barriers everywhere...  
(unless  $\Lambda < v$ )

**Solution**

Scan also the amplitude of  $\cos(\phi/f)$

# OUR MODEL: DOUBLE SCANNING

$\sigma$  new scanner field       $g_\sigma (\sim g)$  new spurion

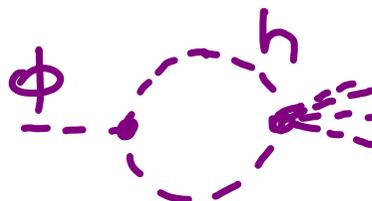
$$V = (-\Lambda^2 + \Lambda g \phi) |H|^2 + \Lambda^3 g \phi + \Lambda^3 g_\sigma \sigma + A \cos(\phi/f)$$

with  $A \equiv \epsilon \Lambda^4 \left( \beta + c_\phi \frac{g\phi}{\Lambda} - c_\sigma \frac{g_\sigma \sigma}{\Lambda} + \frac{|H|^2}{\Lambda^2} \right)$

$V$  is now technically natural

Ex.

  $\cos(\phi/f)$        $\epsilon \Lambda^4 \cos(\phi/f)$  ✓

  $\cos(\phi/f)$        $g\phi \cdot \epsilon \Lambda^3 \cos(\phi/f)$  ✓

# OUR MODEL: DOUBLE SCANNING

$$V = (-\Lambda^2 + \Lambda g \phi) |H|^2 + \Lambda^3 g \phi + \Lambda^3 g_\sigma \sigma + A \cos(\phi/f)$$

with  $A \equiv \epsilon \Lambda^4 \left( \beta + c_\phi \frac{g\phi}{\Lambda} - c_\sigma \frac{g_\sigma \sigma}{\Lambda} + \frac{|H|^2}{\Lambda^2} \right)$

$\sigma$  new scanner field  $g_\sigma (\sim g)$  new spurion

$V$  is now technically natural

Ex.   $\epsilon^2 \Lambda^4 \cos^2(\phi/f)$

should be subleading compared to  $\epsilon \Lambda^2 h^2 \cos(\phi/f)$

Requires  $\epsilon \lesssim v^2/\Lambda^2$

# OUR MODEL: DOUBLE SCANNING

$\sigma$  evolution quite trivial:

$$\sigma(t) = \sigma(0) - g_\sigma \Lambda^3 t / (3H_I)$$

Take  $\sigma(0) \gtrsim \Lambda/g_\sigma$ .

⇒ Evolution of  $\phi$  in time-dep. potential

Scanning of  $A = \epsilon \Lambda^4 \left( \beta + c_\phi \frac{g_\phi}{\Lambda} - c_\sigma \frac{g_\sigma \sigma(t)}{\Lambda} + \frac{|H|^2}{\Lambda^2} \right)$

⇒ there are  $t$ -dependent  $\phi$  field

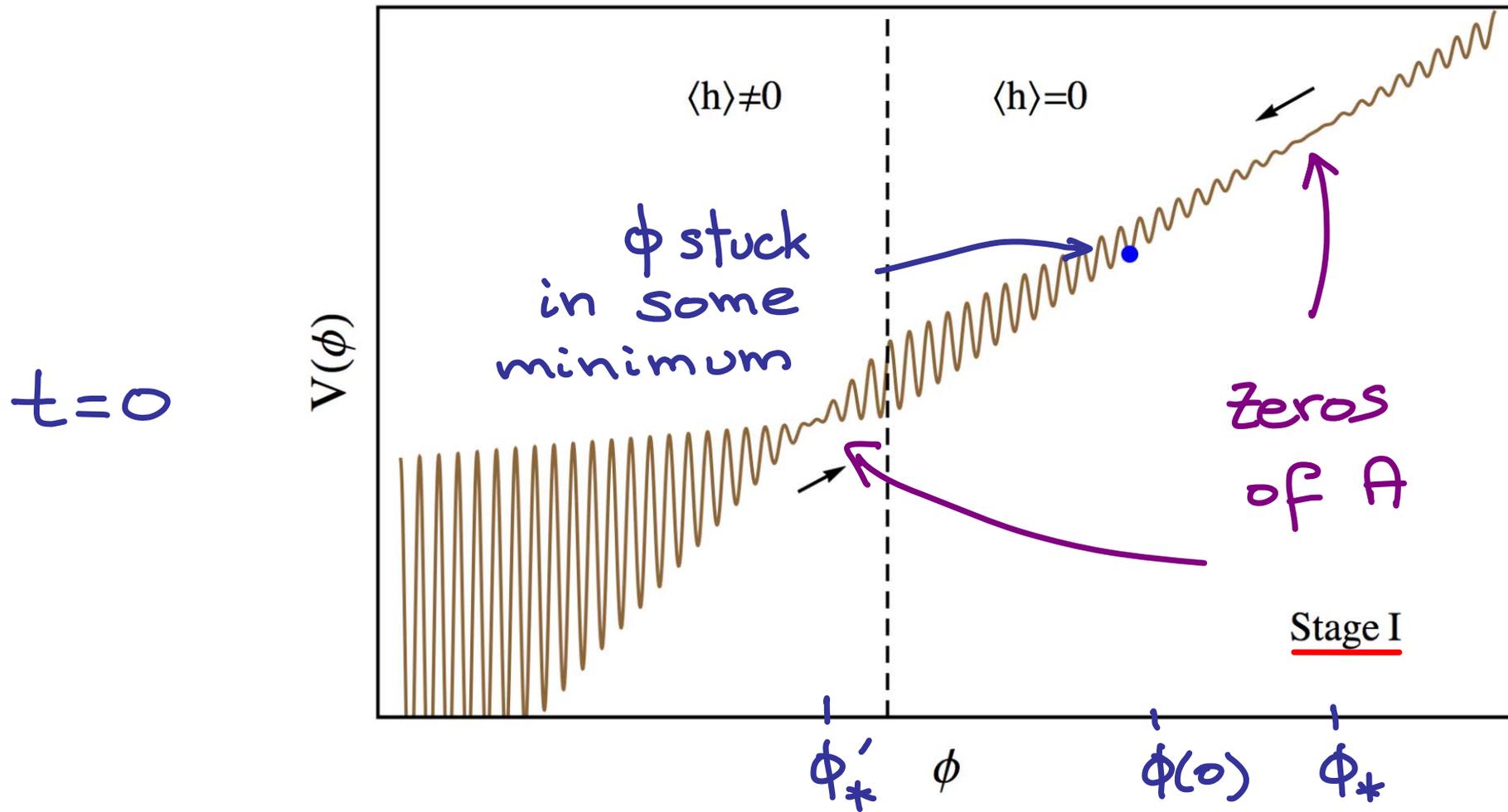
values with  $A \approx 0$  ( $\phi_*$ )

⇒ No barriers

Two branches, depending on  $\langle h \rangle$  zero or not.

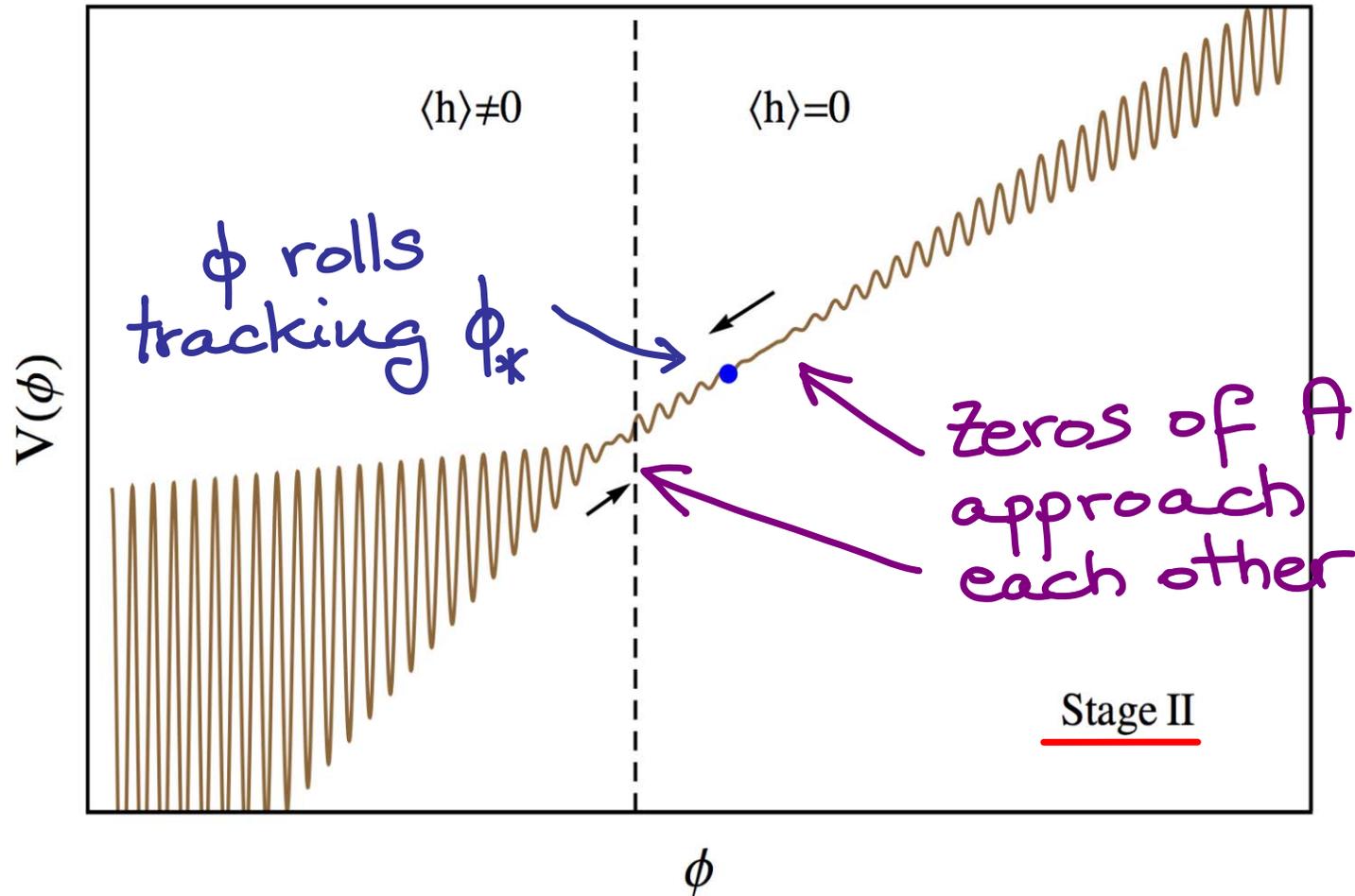
# $\phi$ EVOLUTION

Four stages:



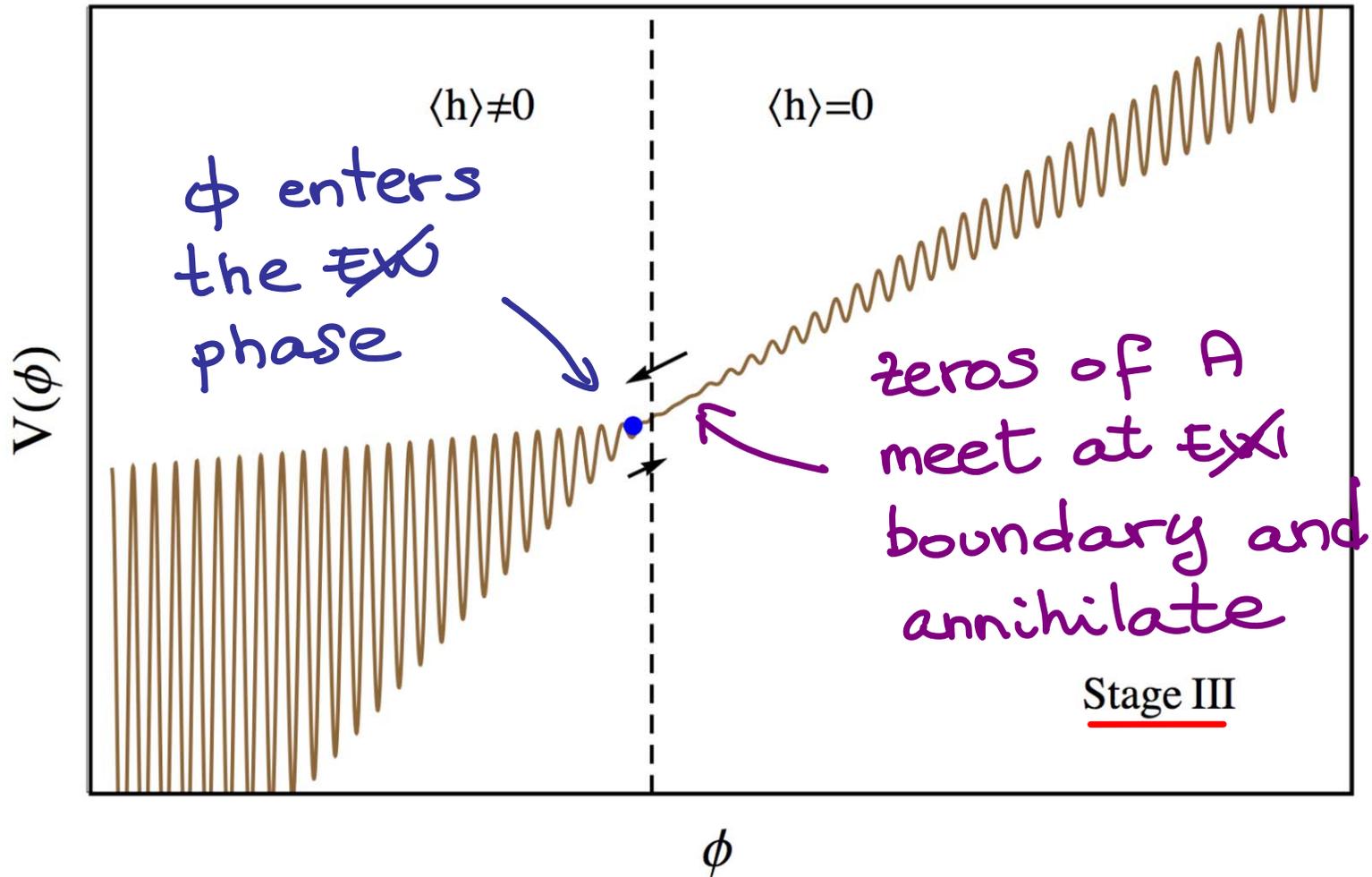
Assumes  $\phi_c < \phi(0) < \phi_*$

# $\phi$ EVOLUTION

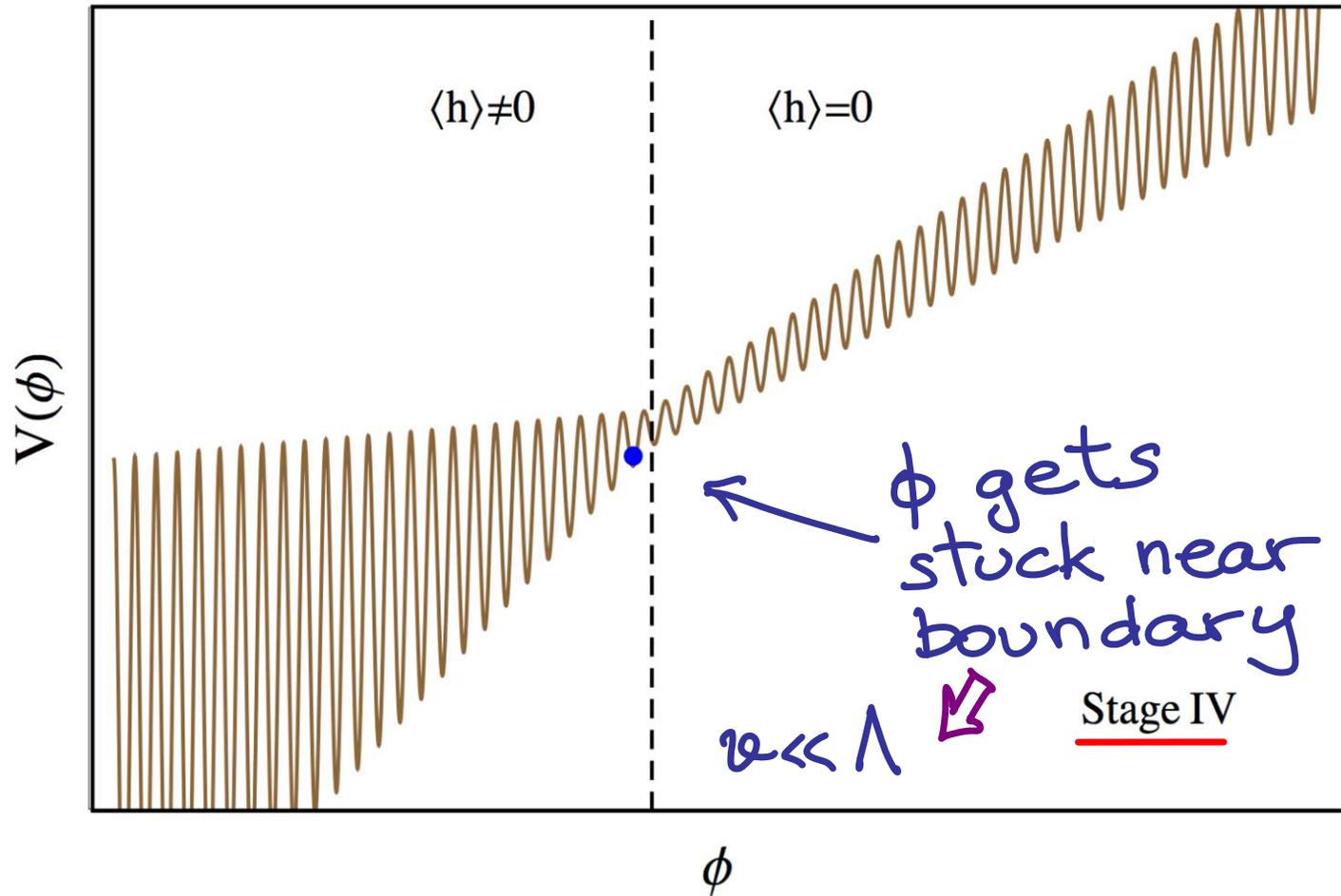


$\phi$  faster than  $\phi_*$  requires  $g \gtrsim g_*$

# $\phi$ EVOLUTION

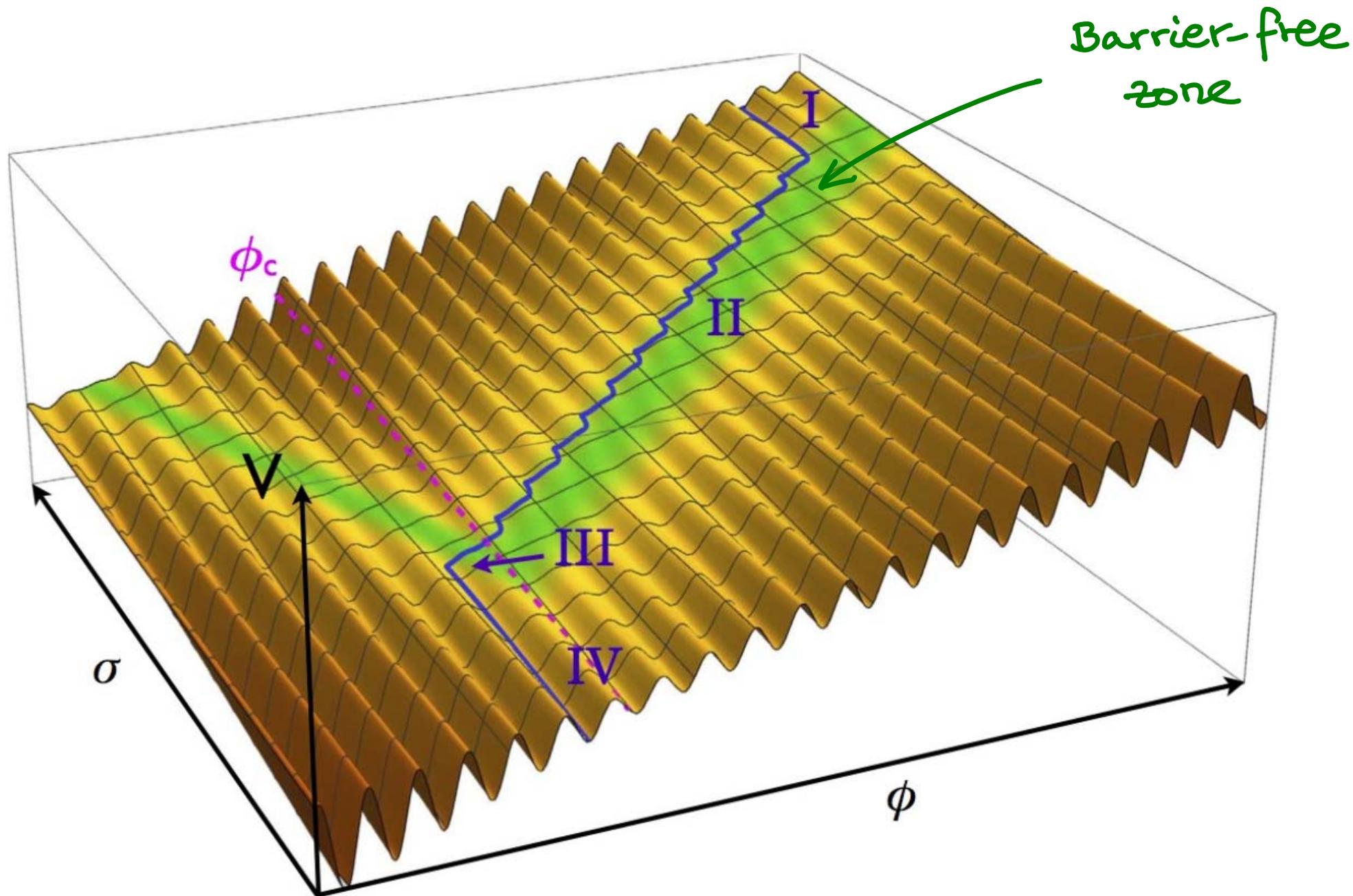


# $\phi$ EVOLUTION



Movie  $\rightarrow$

# $\phi, \sigma$ EVOLUTION

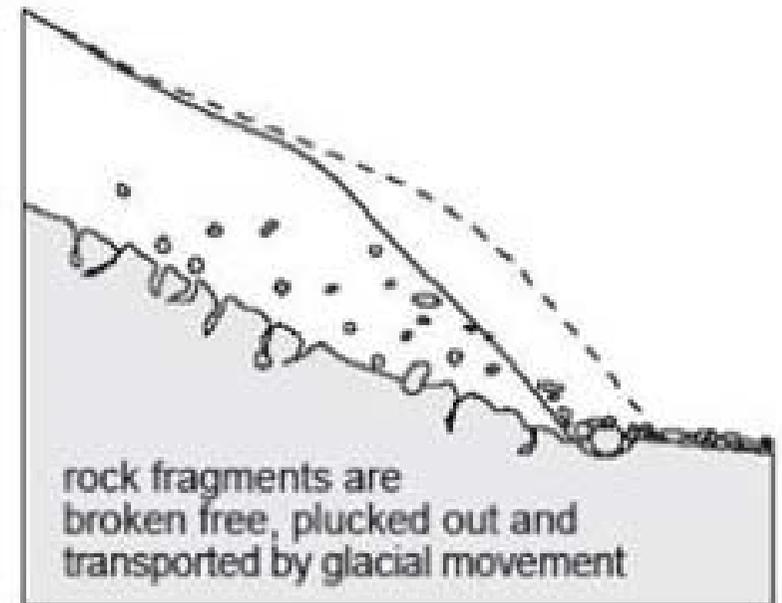
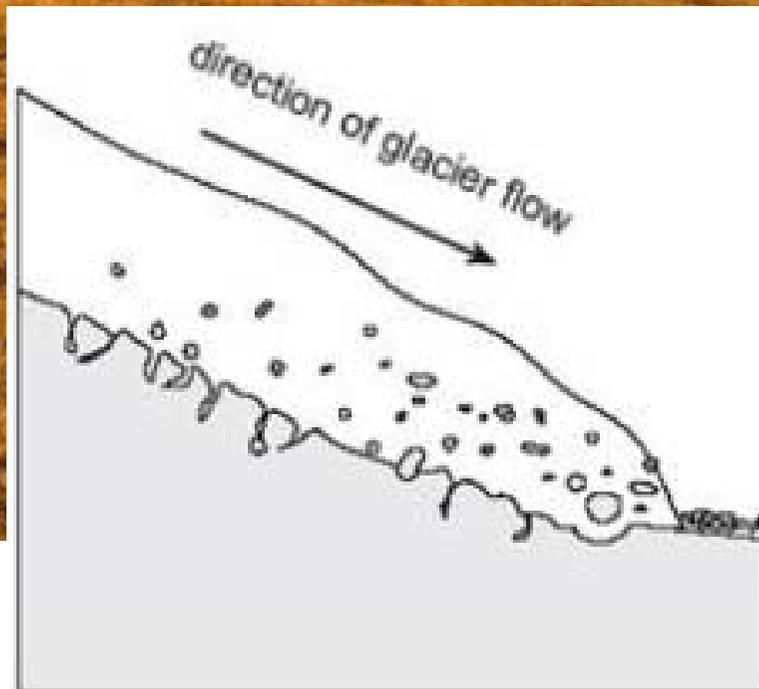


# EX/ SCALE AS COSMOLOGICAL ERRATIC



Okotoks glacial erratic,  
Alberta, Canada

# EX SCALE AS COSMOLOGICAL ERRATIC



# UV ORIGIN OF BARRIERS

Non-QCD sector strong at  $\Lambda$  + fermions  $L, N$

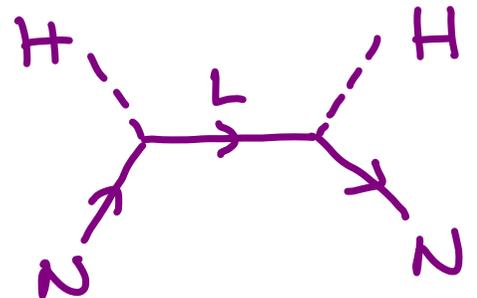
$N$ : Light singlet fermion with  $\langle \bar{N}N \rangle = \Lambda^3$

and axion coupling  $\phi G'_{\mu\nu} \tilde{G}'^{\mu\nu}$

$$\Rightarrow V \sim \Lambda^3 m_N \cos(\phi/f)$$

Just need  $\mathcal{L} = \Lambda \bar{L}L + \epsilon(\Lambda + g\phi + g_\sigma\sigma) \bar{N}N + \sqrt{\epsilon} \bar{L}HN + \text{h.c.}$

$$m_N = \epsilon \left( \Lambda + g\phi + g_\sigma\sigma - \frac{|H|^2}{\Lambda} \right)$$



# PARAMETER CONSTRAINTS

⊗ Natural  $V$

$$\epsilon \lesssim (v/\Lambda)^2$$

⊗ EW scale as output

$$v^2 \simeq \frac{g\Lambda^2}{\epsilon} \quad (\text{requires } g \ll \epsilon)$$

⊗ Inflation window

$$\Lambda^2/M_{\text{P}} \lesssim H_{\text{I}} \lesssim g_{\sigma}^{1/3} \Lambda$$

⊗ Long enough inflation

$$N_{\text{e}} \gtrsim \frac{H_{\text{I}}^2}{g_{\sigma}^2 \Lambda^2}$$

# PARAMETER CONSTRAINTS

The previous constraints give

$$(N_{\text{MP}})^3 \lesssim g_{\sigma} \lesssim g \lesssim v^4 / (f \Lambda^3)$$

and using  $f \gtrsim \Lambda$

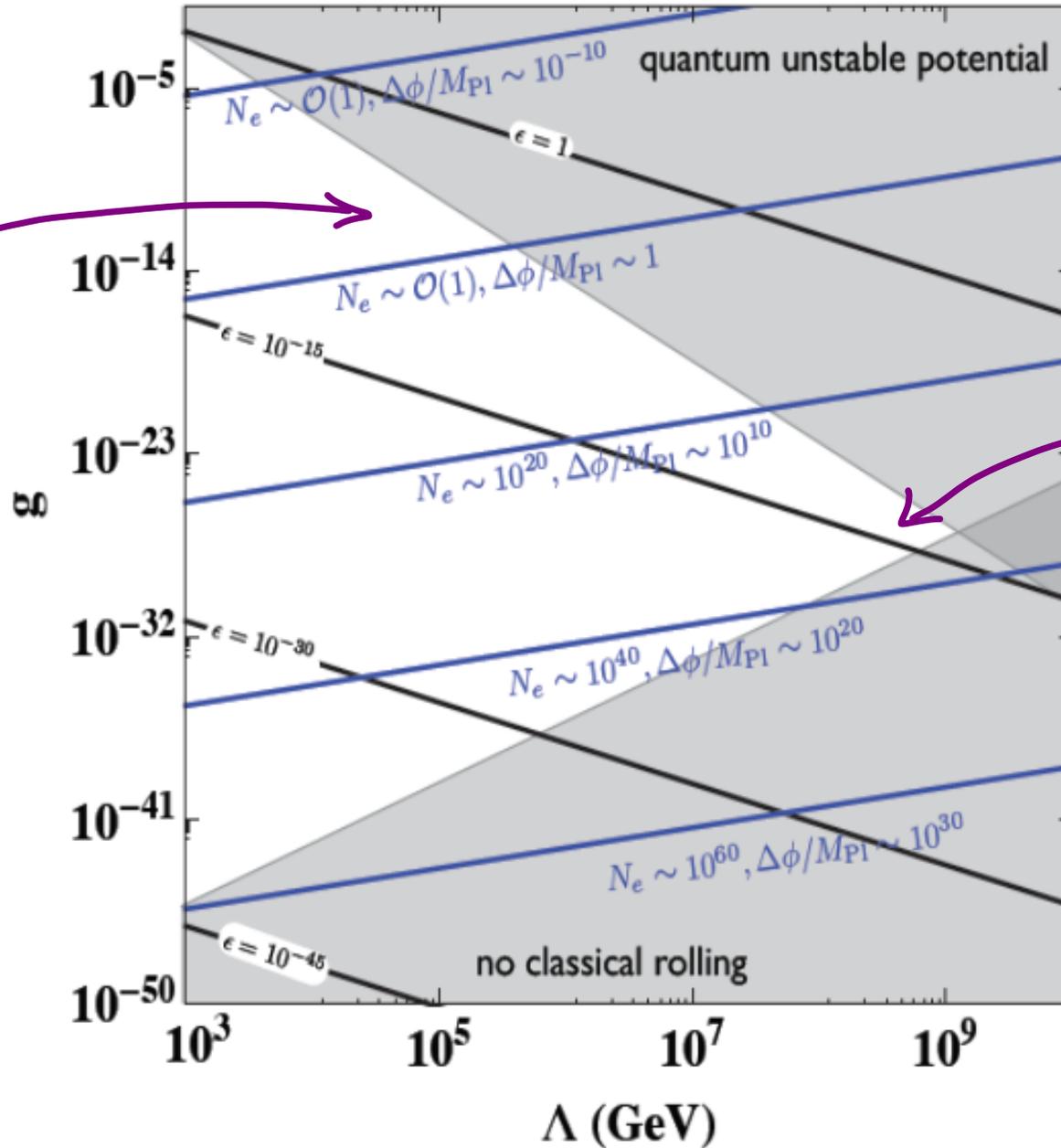
$$\Lambda \lesssim (v^4 M_{\text{P}}^3)^{1/7} \approx 2 \times 10^9 \text{ GeV}$$

Natural model without TeV matter ✓

No coincidence problem ✓

# PARAMETER SPACE

$N_e, \frac{\Delta\phi}{M_{Pl}} \sim \mathcal{O}(1)$   
 Good for little hierarchy problem.



$\frac{g}{\Lambda^2} = 0.1g$   
 $f = \Lambda$

$N_e, \frac{\Delta\phi}{M_{Pl}}$   
 exponentially large

# SIGNATURES ?

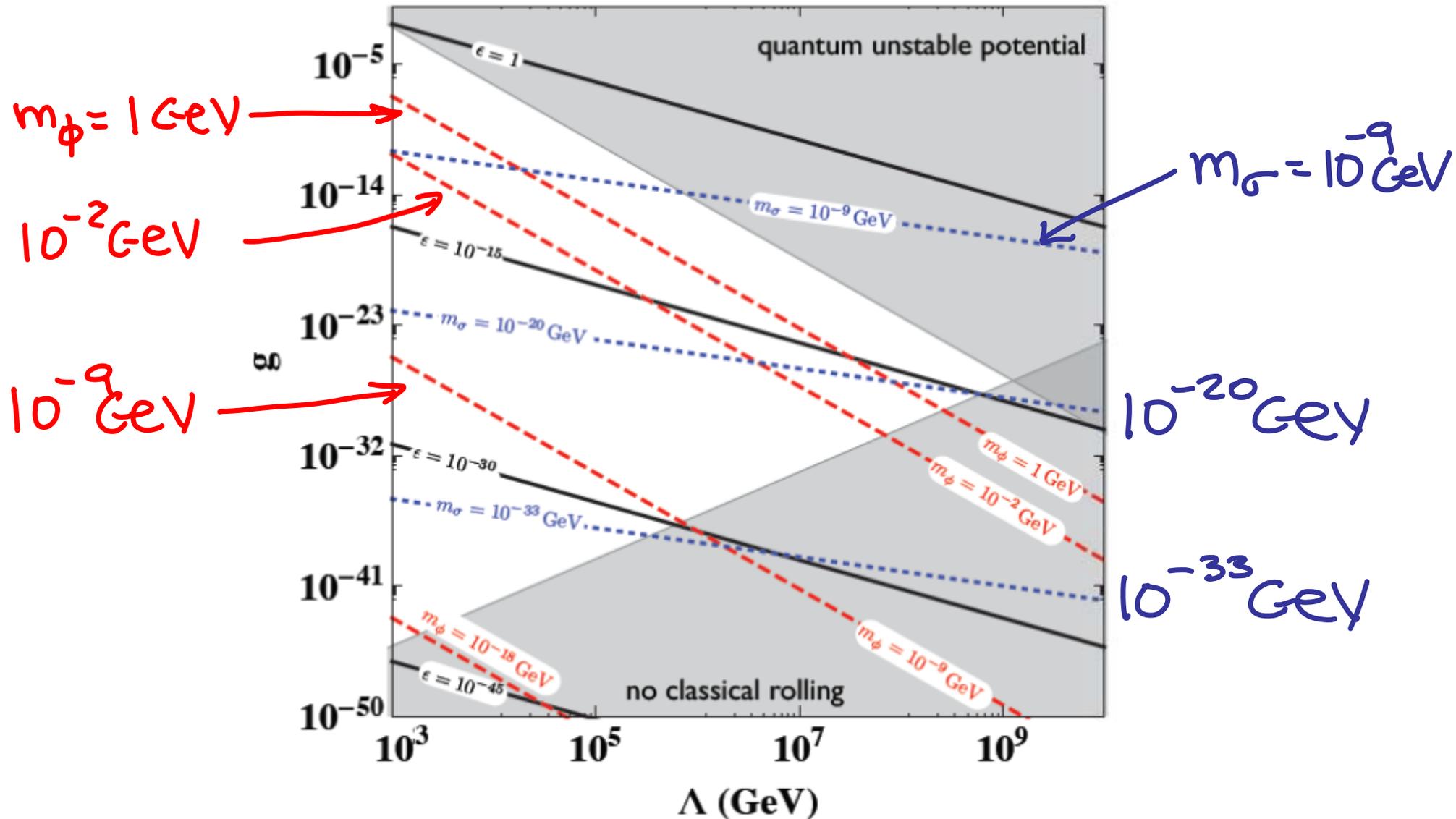
- Below  $\Lambda$  only extra states :  $\phi$  and  $\sigma$

$$m_{\phi}^2 \sim \frac{\epsilon \Lambda^4}{f^2} \sim g \frac{\Lambda^5}{f v^2} \lesssim v^2 \quad \in [10^{-20}, 10^2] \text{ GeV}$$

$$m_{\sigma}^2 \sim g_{\sigma}^2 \Lambda^2 \ll m_{\phi}^2 \quad \in [10^{-45}, 10^{-2}] \text{ GeV}$$

# SIGNATURES ?

- Below  $\Lambda$  only extra states :  $\phi$  and  $\sigma$



# SIGNATURES ?

Below  $\Lambda$  only extra states :  $\phi$  and  $\sigma$

Interactions with SM particles through mixing with the Higgs suppressed by  $1/f$  and/or small spurions  $\epsilon, g, g_\sigma$

Ex.  $\Lambda \sim 10^9 \text{ GeV}$

$$m_\phi \sim 100 \text{ GeV} \quad \Theta_{\phi h} \sim 10^{-21} \quad \phi^2 h^2 \sim 10^{-14}$$

$$m_\sigma \sim 10^{-18} \text{ GeV} \quad \Theta_{\sigma h} \sim 10^{-50}$$

No collider signatures

# COSMOLOGICAL CONSTRAINTS

From abundances, post-BBN decays, astrophysics...

Decay widths

$$\Gamma_\phi \sim \Theta_{\phi h}^2 \Gamma_h(m_\phi) \quad \Gamma_\sigma \sim \Theta_{\sigma h}^2 \Gamma_h(m_\sigma)$$

can be very small.

Compare with

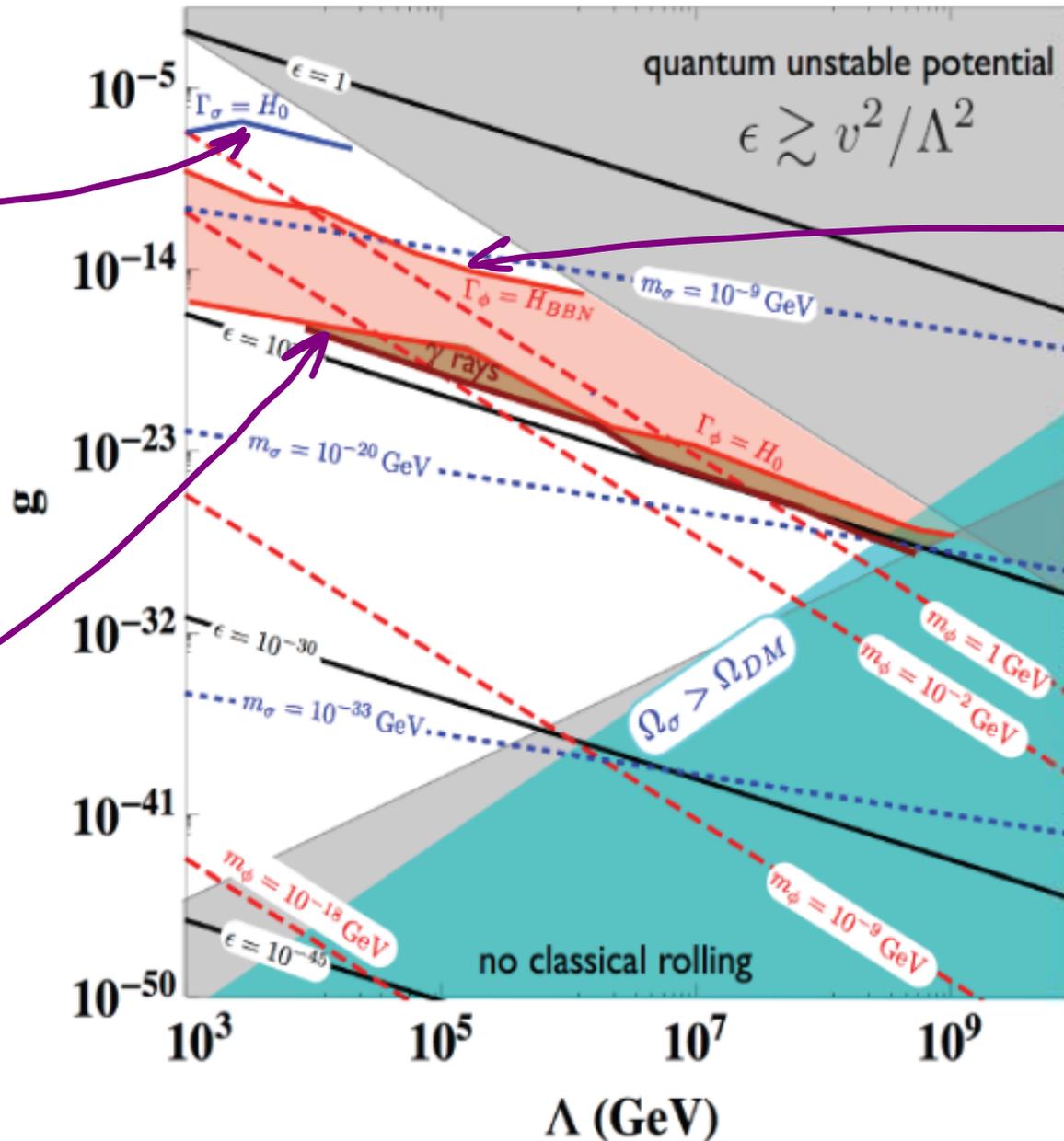
$H_0$  for cosmological stability

$H_{\text{BBN}}$  for potential trouble with BBN

# COSMOLOGICAL CONSTRAINTS

$\sigma$  stable below (DM?)

$\phi$  stable below



$\phi$  decays after BBN below

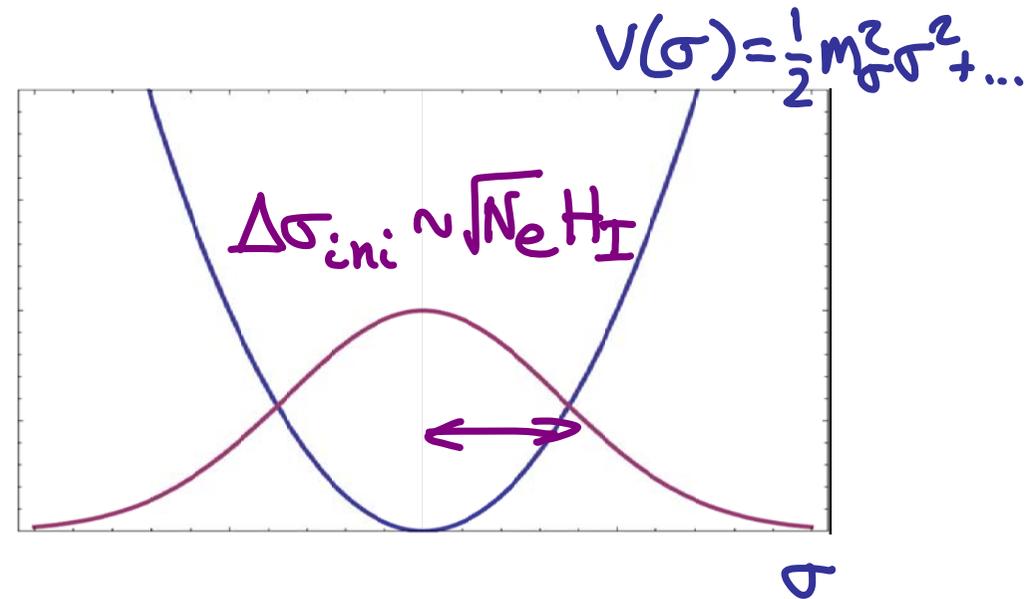
# DARK MATTER

$\sigma$  can be a good DM candidate.

After inflation :

$\sigma$  typically displaced from its minimum with

$$\rho_{ini}^\sigma \sim m_\sigma^2 \Delta\sigma_{ini}^2 \sim H_I^4$$

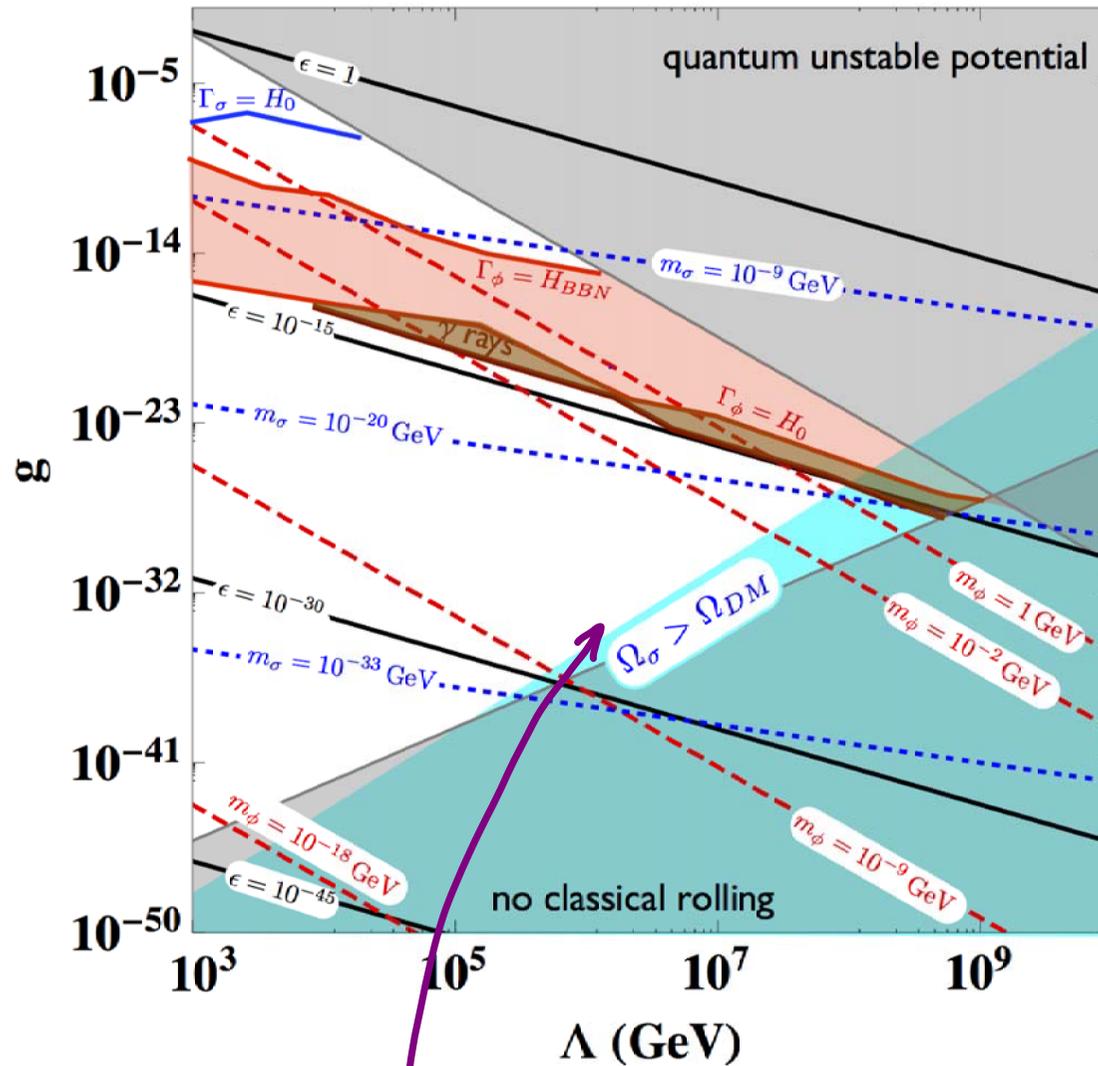


Below  $T_{osc,\sigma} \sim \sqrt{m_\sigma M_P}$  it oscillates with energy density scaling like nonrelativistic matter

$$\rho_\sigma(T) \sim \rho_{ini}^\sigma \left( \frac{T}{T_{osc}} \right)^3 \Rightarrow \Omega_\sigma \gtrsim \left( \frac{4 \times 10^{-28}}{g_\sigma} \right)^{3/2} \left( \frac{\Lambda}{10^8 \text{ GeV}} \right)^{13/2}$$

( $\Omega_\phi$  always subdominant)

# DARK MATTER



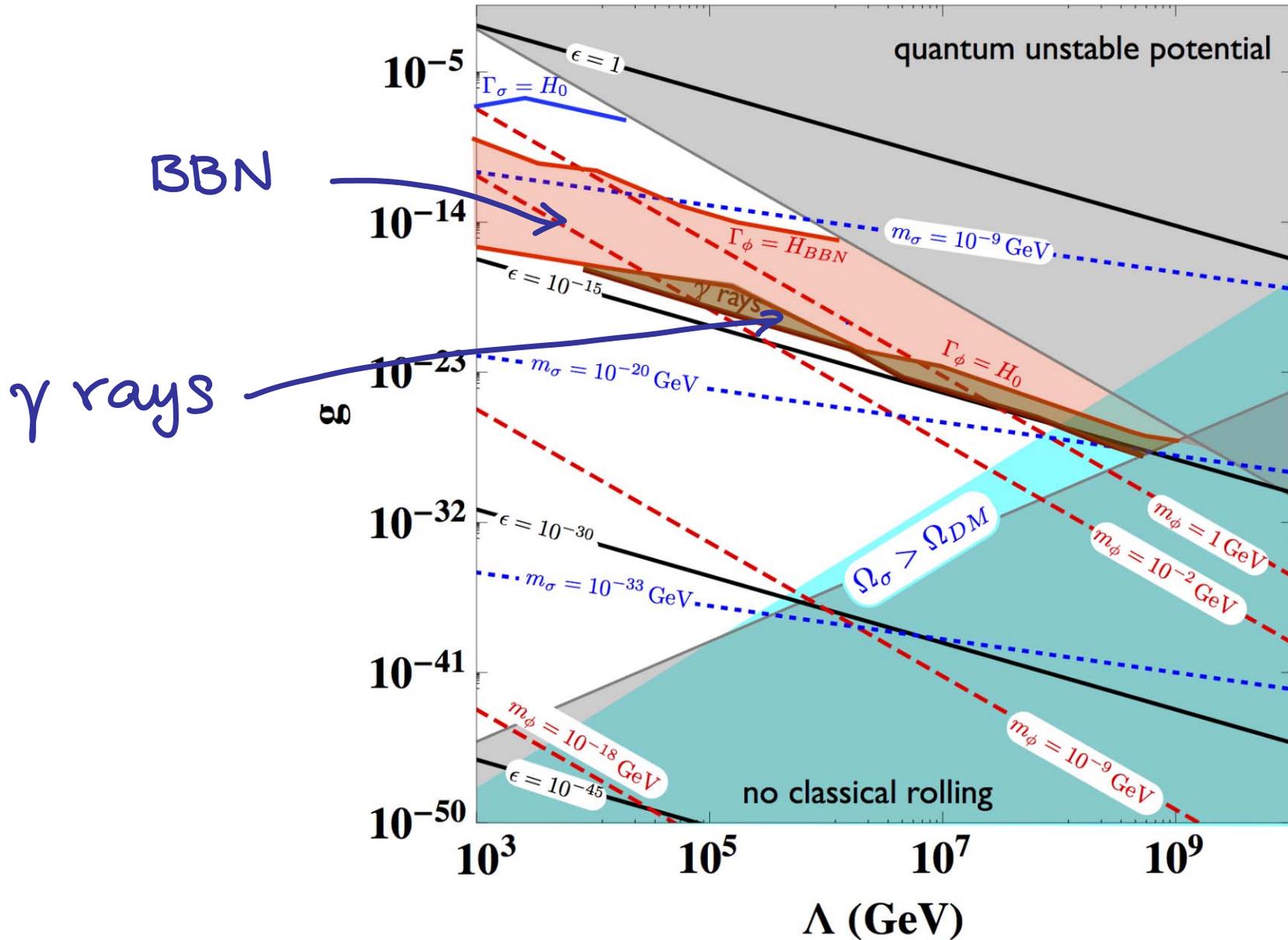
$\sigma$  can be a good DM candidate.

## OTHER PROBES

- For  $H_0 < \Gamma_\phi < H_{\text{BBN}}$ ,  $\phi$  decays can alter the BBN predictions for light el. abundances (Dedicated analysis required)
- $\phi \rightarrow \gamma\gamma$  decays can distort the diffuse X-ray background. Constraint:

$$\tau_\phi > 10^{27} \text{ s } \frac{\Omega_\phi}{\Omega_{\text{DM}}}$$

# OTHER PROBES



## OTHER PROBES

- $\sigma$  could be searched by SKA pulsar timing array experiment for  $m_\sigma \sim 10^{-23}$  eV

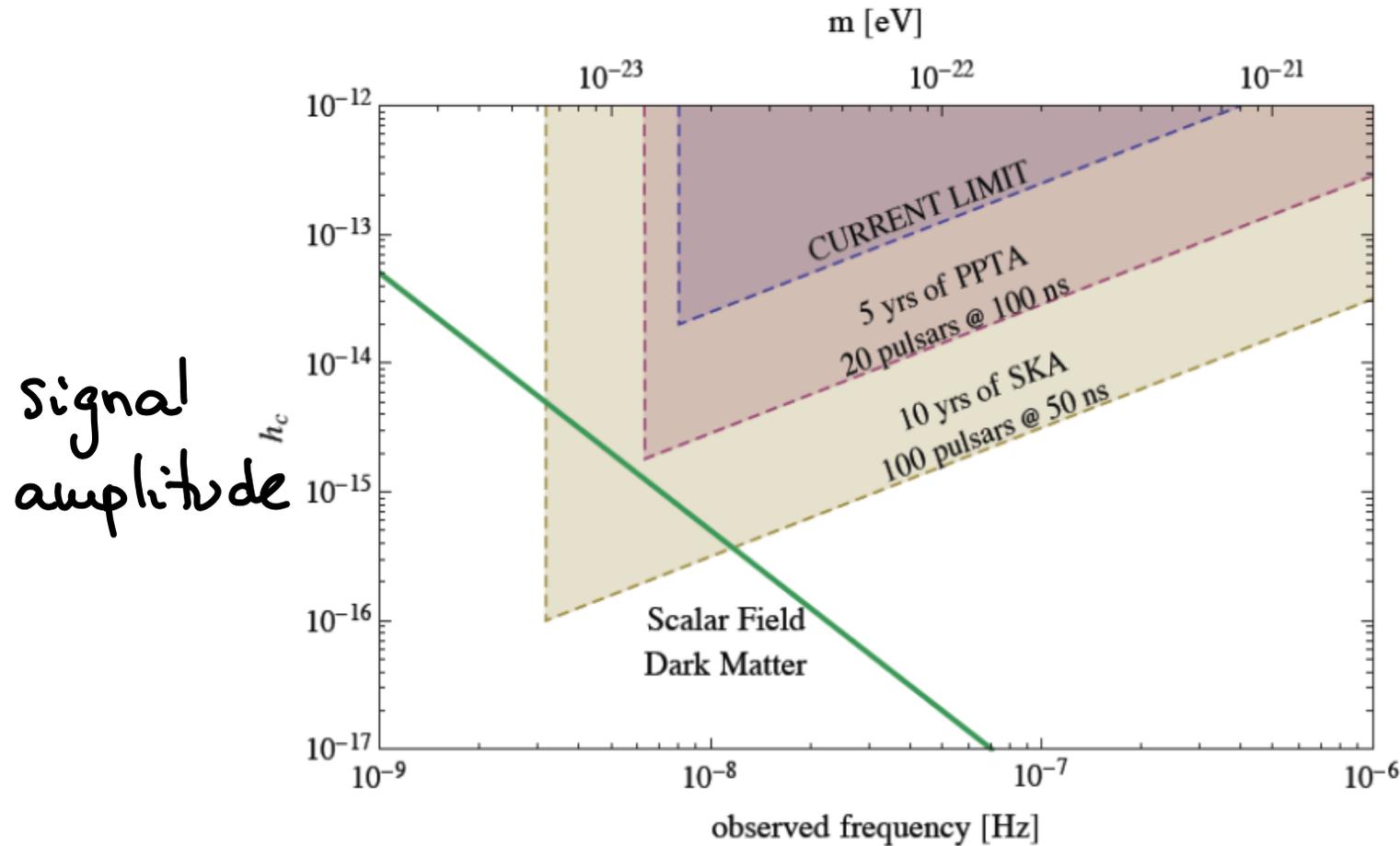
Khmel'nitsky, Rubakov '13

Oscillating  $\sigma \Rightarrow$  oscillating pressure and gravitational potentials of DM halo

Effect similar to a monochromatic gravitational wave with  $\nu \sim m_\sigma \sim 10^{-9}$  Hz

# OTHER PROBES

- $\sigma$  could be searched by SKA pulsar timing array experiment for  $m_\sigma \sim 10^{-23}$



Khmelnitsky, Rubakov '13

# CONCLUSIONS

New class of solutions to the hierarchy problem: **Relaxion**

Ew Scale from early Universe dynamics

Typical predictions

- (extremely) light axion-like states

Interesting for DM, astro-ph signals...

- No collider signals guaranteed

Constructed natural model with

$$\Lambda \sim 10^9 \text{ GeV}$$

# OUTLOOK

- Current models have unpleasant features

$$N_e \gg 1 \quad \Delta\phi \gg M_p$$

⇒ Room for improvement in inflation sector and model-building.

- Friction: alternatives to inflation?
- Possible to push  $\Lambda$  even higher?
- UV completions?
- Other applications? (~~SUSY~~, C.C.)

...

# BACK-UP SLIDES

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# $\phi$ EVOLUTION DURING INFLATION

Keep track of fluctuations by solving a Langevin eq.

$$\frac{d\phi}{dN} + \frac{1}{3H_I^2} \frac{dV}{d\phi} = \eta(N)$$

↑ Gaussian  
random noise

$$\langle \eta(N) \eta(N') \rangle = \left( \frac{H_I}{2\pi} \right)^2 \delta(N - N')$$

Equivalent to Fokker-Planck eqn. for  $P(\phi, N)$ :

$$\frac{\partial P}{\partial N} = \frac{\partial^2}{\partial \phi^2} \left( \frac{H_I^2}{8\pi^2} P \right) + \frac{\partial}{\partial \phi} \left( \frac{V'}{3H_I^2} P \right)$$

↑ quantum jumps                      ↑ classical roll in  $V$

# $\phi$ EVOLUTION DURING INFLATION

Defining

$$\langle F(\phi) \rangle = \int_{-\infty}^{+\infty} d\phi \mathcal{P}(\phi, N) F(\phi)$$

From Fokker-Planck :

$$\frac{d\langle\phi\rangle}{dN} = -\frac{1}{3H^2} \left\langle \frac{\partial V}{\partial\phi} \right\rangle$$

$$\frac{d\Delta\phi^2}{dN} = \frac{H^2}{4\pi^2} - \frac{2}{3H^2} \left\langle (\phi - \langle\phi\rangle) \frac{\partial V}{\partial\phi} \right\rangle$$

where  $\Delta\phi^2 \equiv \langle (\phi - \langle\phi\rangle)^2 \rangle$