Particle Decay in the Expanding Spacetime of Post-Inflationary Cosmology

Based on PRD 98, 083503 (2018) and PRD 100, 023531 (2019)



By Nathan Herring In collaboration with Daniel Boyanovksy and Andrew Zentner ICTP-SAIFR: Dark Universe Workshop Oct. 21-25, 2019



Overview

- Why Particle Decay?
- FRW Spacetime
- Scalar and Fermion Fields in FRW
- The Wigner-Weisskopf Method
- Example 1: Decay of Massive Scalar to Massless Scalars in Radiation Domination
- Example 2: Decay of Massive Scalar to Massless Fermions in Radiation Domination
- Potential Implications
- Conclusions

Particle Decay is a ubiquitous process in Cosmology.

Particle Decay is the simplest dynamical process in QFT. Applications in the Early Universe

- Baryogenesis
 - Generation of Matter/Antimatter Asymmetry
 - Ex: S. Enomoto and N. Maekawa (2011)
- Leptogenesis
 - Generation Lepton/Antilepton Asymmetry
 - Ex: W. Buchmuller et al. (2012)
- CP Violating Decays in Early Universe
 - Matter/Antimatter asymmetry
 - Ex: L. Covi et al. (1996)
- Big Bang Nucleosynthesis
 - Formation of the light elements
- Particle Dark Matter
 - How was it produced? Is it stable? Can it interact with the "visible" matter?
 - Constrained to have a long lifetime

The Friedmann-Robertson-Walker Metric

 A Spatially Flat Expanding Universe is described by the FRW Metric:

$$g_{\mu\nu} = \text{diag}(1, -a^2, -a^2, -a^2)$$

• The scale factor must obey Friedmann's Equation:

$$\left(\frac{\dot{a}}{a}\right)^2 = H^2(t) = H_0^2 \left[\frac{\Omega_M}{a^3(t)} + \frac{\Omega_R}{a^4(t)} + \Omega_\Lambda\right]$$

 $H_0 = 1.5 \times 10^{-42} \,\text{GeV}$; $\Omega_M = 0.308$; $\Omega_R = 5 \times 10^{-5}$; $\Omega_\Lambda = 0.692$

Values as determined by C.L. Bennett *et al.* (2013)⁴

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4 Important Consequences:

- 1. Homogeneous (Momentum Conservation)
- 2. Isotropic (Angular Momentum Conservation)
- 3. Time-Dependence (Energy is Not Conserved)
- 4. Conformal to Minkowski (dt = a dη)

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Scalar and Fermion Fields in FRW Spacetime

Conformally Rescaled Equations of Motion

• Scalar Fields:

$$\mathcal{L}_0[\chi(\eta)] = \frac{1}{2} \left[\chi'^2 - (\nabla \chi)^2 - \mathcal{M}^2(\eta) \chi^2 \right]$$
$$\left[\frac{d^2}{d\eta^2} + k^2 + \mathcal{M}^2(\eta) \right] g_k(\eta) = 0$$

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• Fermion Fields:

$$\mathcal{L}_{0}[\psi] = \overline{\psi} \left[i\gamma^{\mu} \partial_{\mu} - \mathcal{M}_{f}^{2}(\eta) \right] \psi$$
$$\left[\frac{d^{2}}{d\eta^{2}} + k^{2} + \mathcal{M}_{f}^{2}(\eta) - i\mathcal{M}_{f}'(\eta) \right] f_{k}(\eta) = 0$$
$$\left[\frac{d^{2}}{d\eta^{2}} + k^{2} + \mathcal{M}_{f}^{2}(\eta) + i\mathcal{M}_{f}'(\eta) \right] h_{k}(\eta) = 0$$

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Adiabatic Approximation

• WKB Ansatz

$$g_k(\eta) = \frac{e^{-i \int_{\eta_i}^{\eta_i} W_k(\eta') \, d\eta'}}{\sqrt{2 \, W_k(\eta)}}$$

• Adiabatic Expansion

$$W_{k}^{2}(\eta) = \omega_{k}^{2}(\eta) \left[1 - \frac{1}{2} \frac{\omega_{k}^{''}(\eta)}{\omega_{k}^{3}(\eta)} + \frac{3}{4} \left(\frac{\omega_{k}^{'}(\eta)}{\omega_{k}^{2}(\eta)} \right)^{2} + \cdots \right]$$

• The Physical Character of this Expansion

$$\frac{\omega_k'(\eta)}{\omega_k^2(\eta)} = \frac{H(t)}{\gamma_k^2(t) E_k(t)}$$

The Wigner-Weisskopf Method

Features:

- Developed originally to calculate atomic line spectra
- Manifestly unitary and non-perturbative
- Exploits the interaction picture
- Allows for direct calculation of transition amplitudes and probabilities

$$i\frac{d}{d\eta}|\Psi(\eta)\rangle_{I} = H(\eta)_{I}|\Psi(\eta)\rangle_{I}$$
$$i\frac{d}{d\eta}C_{A}(\eta) = \sum_{\kappa}C_{\kappa}(\eta)\langle A|H_{I}(\eta)|\kappa$$

$$i\frac{d}{d\eta}C_{\kappa}(\eta) = C_A(\eta)\langle\kappa|H_I(\eta)|A\rangle \quad ; \quad C_A(\eta_i) = 1 \; ; \; C_{\kappa}(\eta_i) = 0$$

$$\Sigma_A(\eta;\eta') = \sum_{\kappa} \langle A | H_I(\eta) | \kappa \rangle \langle \kappa | H_I(\eta') | A \rangle$$

$$|C_A(\eta)|^2 = e^{-\int_{\eta_i}^{\eta} \Gamma_A(\eta') d\eta'} |C_A(\eta_i)|^2 \quad ; \quad \Gamma_A(\eta) = 2\int_{\eta_i}^{\eta} d\eta_1 \operatorname{Re}\left[\Sigma_A(\eta, \eta_1)\right]$$

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Massive Scalar -> Massless Scalars

Decay at Rest in Comoving Frame (k = 0)

$$\gamma_k(t) \to 1; k = 0$$

 $\mathcal{P}(t) = e^{-\frac{\lambda^2}{8\pi m}t} = e^{-\Gamma_0 t}$

- The result exactly approaches the Minkowski, S-Matrix value.
- Valid for parent particle "born" at rest in comoving frame.



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Relativistic Case (k > m)

$$\gamma_{k}(t) = \left[1 + \frac{t_{nr}}{t}\right]^{1/2} ; \quad t_{nr} = \frac{k^{2}}{2m_{1}^{2}H_{R}}$$
$$\mathcal{P}(t) = e^{\frac{-1}{3}\Gamma_{0}t_{nr}(\frac{t}{t_{nr}})^{\frac{3}{2}}} ; t \ll t_{nr}$$
$$\mathcal{P}(t) = e^{-\Gamma_{0}t} \left(\frac{t}{t_{nr}}\right)^{\frac{\Gamma_{0}t_{nr}}{2}} ; t > t_{nr}$$

- For particles "born" with some comoving momentum
- Generically, smaller than the Minkowski rate:
 - Time Dilation
 - Cosmic Redshift

Massive Scalar -> Massless Fermions (Yukawa Coupling)

Decay at Rest in Comoving Frame (k = 0)

$$\gamma_k(t) \to 1; k = 0$$
$$\mathcal{P}(t) = \left[\frac{t}{t_b}\right]^{\frac{-Y^2}{8\pi^2}} e^{\frac{Y^2}{4\pi^2} [\frac{t}{t_b}]^{\frac{1}{4}}} e^{-\Gamma_0(t-t_b)} \mathcal{P}(t_b)$$

- Distinctly not the Minkowski result unlike for scalar decay products
- Consequence of Renormalizability + Curved Spacetime
 - "Dressing" of the state on an associated time scale
 - Time dependent frequencies preserve the "anomalous dimension"

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$$\mathcal{P}(t) = e^{-\frac{2}{3}\Gamma_0 t_{nr} \left(\frac{t}{t_{nr}}\right)^{\frac{3}{2}}} \mathcal{P}(t_b); t_b \ll t \ll t_{nr}$$

$$\mathcal{P}(t) = \left[\frac{t}{t_{nr}}\right]^{\frac{-Y^2}{8\pi^2}} e^{\frac{Y^2}{4\pi^2} [\frac{t}{t_{nr}}]^{\frac{1}{4}}} \left[\frac{t}{t_{nr}}\right]^{\frac{\Gamma_0 t_{nr}}{2}} e^{-\Gamma_0 (t-t_b)} \mathcal{P}(t_b); t \gg t_{nr}$$

- The UR case is nearly identical to scalar case
- In NR regime "anomalous dimension" term distinguishes fermionic from scalar case
 - Enhancement factor that preserves the short time-scale physics
 - Time dependent frequencies is the key! 13

Implications: Long-Lived Particles



Consider a massive scalar decaying to massless fermions with the following assumptions:

- Particle produced at T ~ T_{GUT} ~ 10¹⁵ GeV
- $a_{nr} \approx 10^{-3}$ (Matter-Radiation Equality)
- Recall a_{nr} ≝ k/m
- Very small Yukawa coupling

- 1. Plotted is Minkowski Rate/FRW Rate error as a function of redshift.
- 2. The error is large when $z_{obs} \ge 1/a_{nr}$

Implications: Early Universe Quantum Kinetics

$$\frac{dN_k}{dt} = \text{Gain} - \text{Loss}$$

$$\Gamma_{gain}^{k} = \frac{\pi\lambda^2}{E_k} \int \frac{d^3q}{(2\pi)^3} \frac{\delta(E_k - E_p - E_q)}{2E_p 2E_q} n_q n_p$$

$$\Gamma_{loss}^k = \frac{\pi\lambda^2}{E_k} \int \frac{d^3q}{(2\pi)^3} \frac{\delta(E_k - E_p - E_q)}{2E_p 2E_q} \, n_q n_p e^{\beta(E_p + E_q)}$$

$$\Gamma_{loss}^k = e^{\beta E_k} \, \Gamma_{gain}^k$$

$$\frac{dN_k}{dt} = -(\Gamma_{loss}^k - \Gamma_{gain}^k)(N_k - N_k^{eq})$$

Standard Quantum Kinetic Treatment

- Quantum Kinetic Master Equation for $\chi \leftrightarrow \varphi \varphi$
- Assume φ particles are already thermalized
- Energy conserving delta functions lead to *detailed balance*.
- Solution is thermal distribution for χ particle asymptotically.

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Modifications from Cosmic Expansion

- Energy conservation is not manifest
- Gain/Loss terms are essentially decay rates which deviate from Minkowski results in FRW.

Conclusions

- We can obtain the decay law, analytically, in the expanding FRW spacetime using adiabatic expansion (zeroth order) and Wigner-Weisskopf method.
- We can obtain an *effective time-dependent decay rate* which is smaller than the analogous Minkowski result.
 - Local time dilation
 - Cosmic Redshift
- For fermions (w/ Yukawa couplings), the expanding spacetime encodes the memory of transient dynamics associated with short-scale physics into the decay function.
 - Renormalizable theory
 - Time dependent frequencies
- S-Matrix inspired results are, at best, approximations, but they miss crucial non-equilibrium dynamics and other modifications to the decay law!

Extra Slides

The S-Matrix

- The unitary time-evolution matrix constructed from the interacting Hamiltonian
- These states are asymptotically free particle states (infinite time limit)
- Terms in the S-Matrix correspond to Feynman Diagrams
- Transition probability is given by the square of the term integrated over phase space
- The S-matrix implicitly assumes energy conservation in order to extract a decay rate (Audretsch, Spangehl [1986])
- No energy conservation in FRW indicates the need for a different technique!

$$H_{I}(t) = \lambda \int d^{3}x \ \phi_{1}(\vec{x}, t) : \phi_{2}^{2}(\vec{x}, t) :$$
$$U_{I}(\infty, -\infty) = 1 - i \int_{-\infty}^{\infty} H_{I}(t_{1}) dt_{1} + \frac{(-i)^{2}}{2!} \int_{-\infty}^{\infty} \int_{-\infty}^{\infty} \mathcal{T}[H_{I}(t_{1}) H_{I}(t_{2})] dt_{1} dt_{2} +$$

$$S_{fi} = \langle f | U_I(\infty, -\infty) | i \rangle \qquad T_{fi} = |S_{fi}^{(1)}|^2 \sim |\mathcal{M}_{fi}|^2 \,\delta^{(4)}(k - P_1 - P_2) V T$$

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The Interaction Picture

The Schrodinger Picture

- Operators are time-independent
- States evolve with full Hamiltonian

$$i\frac{d}{dt}U(t,t_0) = H(t)U(t,t_0), U(t_0,t_0) = 1$$

$$|\psi(t)\rangle = U(t,t_0)|\psi(t_0)\rangle$$

The Interaction Picture

- Operators evolve with the free field Hamiltonian
- States evolve with interacting Hamiltonian

$$\frac{d}{dt}\phi(t) = i[H_0, \phi(t)]$$
$$i\frac{d}{dt}U_I(t, t_0) = H_I(t)U_I(t, t_0), U_I(t_0, t_0) = 1$$
$$|\psi(t)\rangle_I = U_I(t, t_0)|\psi(t_0)\rangle_I$$

The Heisenberg Picture

- Operators evolve with full Hamiltonian
- States are time-independent

$$\frac{d}{dt}\phi(t) = i[H,\phi(t)]$$

The Wigner-Weisskopf Method (in Detail)

Features:

- Developed originally to calculate atomic line spectra
- Manifestly unitary and non-perturbative
- Exploits the interaction picture
- Allows for direct calculation of transition amplitudes and probabilities

Implementation:

- Expand State Evolution in Fock Basis
- Set initial conditions
- Close hierarchy of equations
- Define the self-energy

$$i\frac{d}{d\eta}|\Psi(\eta)\rangle_I = H(\eta)_I|\Psi(\eta)\rangle_I$$

$$i\frac{d}{d\eta}C_n(\eta) = \sum_m C_m(\eta)\langle n|H_I(\eta)|m\rangle$$

$$i\frac{d}{d\eta}C_A(\eta) = \sum_{\kappa} C_{\kappa}(\eta) \langle A|H_I(\eta)|\kappa \rangle$$

$$i\frac{d}{d\eta}C_{\kappa}(\eta) = C_A(\eta)\langle\kappa|H_I(\eta)|A\rangle \quad ; \quad C_A(\eta_i) = 1 \; ; \; C_{\kappa}(\eta_i) = 0$$

$$\Sigma_A(\eta;\eta') = \sum_{\kappa} \langle A | H_I(\eta) | \kappa \rangle \langle \kappa | H_I(\eta') | A \rangle$$

Wigner-Weisskopf Method Cont.

- Formally solve the coupled ODEs
- Markovian Approximation
 - Integrate by parts
 - Weak Coupling Argument

$$C_{\kappa}(\eta) = -i \int_{\eta_i}^{\eta} \langle \kappa | H_I(\eta') | A \rangle C_A(\eta') d\eta'$$

$$\frac{d}{d\eta} C_A(\eta) = -\int_{\eta_i}^{\eta} d\eta' \Sigma_A(\eta, \eta') C_A(\eta')$$

$$\frac{d}{d\eta} C_A(\eta) = -C_A(\eta) \int_{\eta_i}^{\eta} d\eta' \Sigma_A(\eta; \eta') + \cdots$$

Then one defines a time-dependent decay rate:

$$\mathcal{P}_{1\to 22}(\eta,\eta_i) = \int_{\eta_i}^{\eta} d\eta_2 \int_{\eta_i}^{\eta} d\eta_1 \Sigma_k(\eta_2;\eta_1)$$

$$\Gamma(\eta) \equiv \frac{d}{d\eta} \mathcal{P}_{1 \to 22}(\eta, \eta_i) = 2 \int_{\eta_i}^{\eta} d\eta_1 \operatorname{Re}[\Sigma_k(\eta; \eta_1)]$$

- The result is manifestly non-perturbative
- We formally obtain the decay law and decay rate
- Calculation of the self-energy is the key step

$$|C_A(\eta)|^2 = e^{-\int_{\eta_i}^{\eta} \Gamma_A(\eta') d\eta'} |C_A(\eta_i)|^2 \quad ; \quad \Gamma_A(\eta) = 2 \int_{\eta_i}^{\eta} d\eta_1 \operatorname{Re} \left[\Sigma_A(\eta, \eta_1) \right]$$

Scalar Field Theory in FRW Spacetime

- 1. Classical Action
- 2. Conformal Rescaling
- 3. Free Field Equations of Motion
- 4. Spatial Fourier Transform
- 5. Mode Function Differential Equation

$$A = \int d^4x \sqrt{|g|} \left\{ \frac{1}{2} g^{\mu\nu} \partial_\mu \phi_1 \partial_\nu \phi_1 - \frac{1}{2} \left[m_1^2 + \xi_1 R \right] \phi_1^2 + \frac{1}{2} g^{\mu\nu} \partial_\mu \phi_2 \partial_\nu \phi_2 - \frac{1}{2} \left[m_2^2 + \xi_2 R \right] \phi_2^2 - \lambda \phi_1 : \phi_2^2 : \right\} \qquad R = 6 \left[\frac{\ddot{a}}{a} + \left(\frac{\dot{a}}{a} \right)^2 \right]$$

$$\phi_{1,2}(t) = \frac{\chi_{1,2}(\eta)}{a(\eta)} ; \quad a(\eta) = a(t(\eta))$$
$$A = \int d^3x \, d\eta \sum_{j=1,2} \left[\frac{1}{2} \left(\frac{d\chi_j}{d\eta} \right)^2 - \frac{1}{2} \left(\nabla \chi_j \right)^2 - \frac{1}{2} \chi_j^2 \, \mathcal{M}_j^2(\eta) \right] - \lambda \, a(\eta) \, \chi_1 : \chi_2^2 :$$

$$\mathcal{M}_{j}^{2}(\eta) = m_{j}^{2} a^{2}(\eta) - \frac{a''}{a} (1 - 6\xi_{j}) \; ; \; j = 1, 2.$$

$$\frac{d^2}{d\eta^2} \chi_j(\vec{x},\eta) - \nabla^2 \chi_j(\vec{x},\eta) + \mathcal{M}_j^2(\eta) \chi_j(\vec{x},\eta) = 0 \quad ; \quad j = 1,2$$
$$\chi(\vec{x},\eta) = \frac{1}{\sqrt{V}} \sum_{\vec{k}} \chi_{\vec{k}}(\eta) e^{-i\vec{k}\cdot\vec{x}}$$
$$\frac{d^2}{d\eta^2} \chi_{\vec{k}}(\eta) + \left[\omega_k^2(\eta) - \frac{a''}{a} (1 - 6\xi_j)\right] \chi_{\vec{k}}(\vec{k},\eta) = 0 \quad ; \quad \omega_k^2(\eta) = k^2 + m_j^2 a^2(\eta)_{23}$$

The WKB Solution

• In radiation domination, the mode function differential equation simplifies

$$\frac{d^2}{d\eta^2} \chi_{\vec{k}}(\eta) + \omega_k^2(\eta) \chi_{\vec{k}}(\eta) = 0$$

• The mode functions must be quantized

$$\chi = a g_k(\eta) + a_-^{\dagger} g_k^*(\eta)$$

• The WKB ansatz can then be implemented

$$g_k(\eta) = \frac{e^{-i\int_{\eta_i}^{\eta} W_k(\eta') \, d\eta'}}{\sqrt{2\,W_k(\eta)}} \qquad \qquad W_k^2(\eta) = \omega_k^2(\eta) - \frac{1}{2} \left[\frac{W_k''(\eta)}{W_k(\eta)} - \frac{3}{2} \left(\frac{W_k'(\eta)}{W_k(\eta)} \right)^2 \right]$$

Decay of Massive Scalar to Massless Scalars

The Self-Energy

• First the self-energy must be obtained for massive particle decaying to two massless particles $\Sigma_k(\eta, \eta') = \frac{4\lambda^2}{2!} a(\eta) a(\eta') g_k^{(1)}(\eta') \left(g_k^{(1)}(\eta)\right)^* \int \frac{d^3p}{(2\pi)^3} g_p^{(2)}(\eta) g_q^{(2)}(\eta) \left(g_p^{(2)}(\eta')\right)^* \left(g_q^{(2)}(\eta')\right)^*$

• Input the mode functions:
$$g_k(\eta) = \frac{e^{-i\int_{\eta_i}^{\eta}\omega_k(\eta')d\eta'}}{\sqrt{2\omega_k(\eta)}} \qquad \omega_k(\eta') = \sqrt{k^2 + m^2a^2(\eta')}$$

• For $m_2 = 0$ the self-energy takes the form:

$$\Sigma_k(\eta,\eta') = \frac{2\lambda^2 a(\eta)a(\eta') e^{i\int_{\eta'}^{\eta} \omega_k(\eta'')d\eta''}}{\sqrt{2\omega_k^{(1)}(\eta)2\omega_k^{(1)}(\eta')}} \int \frac{d^3p}{(2\pi)^3} \frac{e^{-i(p+q)(\eta-\eta')}}{2p\,2q} \quad ; \quad q = |\vec{k} - \vec{p}|$$

Time Dependent Decay Rate

- 1. Integrate in small conformal time interval
- 2. Decay Law requires further integration
- 3. The result is a locally time dilated Minkowski decay law.

$$\Gamma_k(\eta) = \frac{\lambda^2 a^2(\eta)}{8\pi \,\omega_k^{(1)}(\eta)} \,\frac{1}{2} \Big[1 + \mathcal{S}(\eta) \Big] \,, \quad \mathcal{S}(\eta) = \frac{2}{\pi} \,\int_0^{\eta} P[\eta, \eta'] \,\frac{\sin\left[A(\eta, \eta')\right]}{\eta - \eta'} \,d\eta'$$

$$\Gamma_{k}(\eta) = \frac{\lambda^{2} a^{2}(\eta)}{8\pi \,\omega_{k}^{(1)}(\eta)} \,\frac{1}{2} \left[1 + \frac{2}{\pi} \,Si[A_{0}(z(\eta);\eta)] \right]$$
$$A_{0}(z(\eta);\eta) = z(\eta) \left[1 - \left(1 - \frac{1}{\gamma_{k}^{2}(\eta)}\right)^{1/2} \right]$$

$$\int_0^{\eta} \Gamma_k(\eta) \ d\eta \equiv \Gamma_0 \int_0^t \frac{\mathcal{F}(t')}{\gamma_k(t')} \ dt'$$

$$\Gamma_0 = \frac{\lambda^2}{8\pi m_1} \quad ; \quad \mathcal{F}(t') = \frac{1}{2} \left[1 + \frac{2}{\pi} \operatorname{Si}[A_0(t')] \right]$$

$$\gamma_k(t) = \left[1 + \frac{t_{nr}}{t} \right]^{1/2} \quad ; \quad t_{nr} = \frac{k^2}{2m_1^2 H_R}$$

Limiting Cases

Simple Non-relativistic Case

$$\gamma_k(t) \to 1; k = 0$$

$$\int_0^{\eta} \Gamma_{k=0}(\eta') \ d\eta' = \frac{\lambda^2}{8\pi m_1}$$

- The result exactly approaches the Minkowski, S-Matrix value.
- However, few particles are "born" with k=0 in early cosmology.

Ultra-relativistic Case

$$\gamma_k(t) \to \infty; m_1 = 0$$

$$\int_0^{\eta} \Gamma_k(\eta) \ d\eta \equiv \frac{\lambda^2}{16\pi} \int_0^t \frac{1}{k_p(t')} \ dt'$$

$$C_{\vec{k}}^{(1)}(t) \Big|^2 = e^{-(t/t^*)^{3/2}} ; \ t^* = \left[\frac{\lambda^2 \ (2H_R)^{1/2}}{24\pi \ k}\right]^{-2/3}$$

- The UR Result is markedly distinct from Minkowski result.
- Time-dilation
- Cosmic Redshift

General Non-Relativistic Case

- For particles "born" with some comoving momentum
- Time Dilation
- Cosmic Redshift
- Always smaller than the Minkowski rate
- The "G" function interpolates between the UR and NR regimes
- For General NR case take t >> t_{nr}

$$\mathcal{F} \simeq 1 \qquad \int_0^t \Gamma_k(t') \, dt' = \Gamma_0 \, t_{nr} \, G_k(t)$$

$$G_k(t) = \left[\frac{t}{t_{nr}}\left(1 + \frac{t}{t_{nr}}\right)\right]^{1/2} - \ln\left[\sqrt{1 + \frac{t}{t_{nr}}} + \sqrt{\frac{t}{t_{nr}}}\right]$$

$$\left|C_{\vec{k}}^{(1)}(t)\right|^{2} = e^{-\Gamma_{0} t} \left(\frac{t}{t_{nr}}\right)^{\Gamma_{0} t_{nr}/2}$$

Decay of Massive Scalar to Massive Scalars

Time Dependent Decay Rate

- Much harder calculation (momentum integral is difficult)
- 2. Integrate in conformal time first
- 3. Use spectral density of states
- 4. Discover Cosmological Fermi's Golden Rule
- 5. Cosmic Expansion introduces a new "uncertainty timescale"

$$\Gamma_{k}(\eta) = \frac{2\lambda^{2} a^{2}(\eta)}{\omega_{k}^{(1)}(\eta)} \int \frac{d^{3}p}{(2\pi)^{3}} \frac{1}{2\omega_{p}^{(2)}(\eta) 2\omega_{q}^{(2)}(\eta)} \frac{\sin\left[\left(\omega_{k}^{(1)}(\eta) - \omega_{p}^{(2)}(\eta) - \omega_{q}^{(2)}(\eta)\right)\eta\right]}{\left(\omega_{k}^{(1)}(\eta) - \omega_{p}^{(2)}(\eta) - \omega_{q}^{(2)}(\eta)\right)}$$
$$q = |\vec{k} - \vec{p}|$$

$$\Gamma_k(\eta) = \int_{-\infty}^{\infty} dk_0 \ \rho(k_0, k) \frac{\sin\left[\left(k_0 - E_k^{(1)}(\eta)\right)\widetilde{T}\right]}{\pi\left(k_0 - E_k^{(1)}(\eta)\right)} \qquad \widetilde{T} = \frac{1}{H}$$
$$\rho(k_0, k; \eta) = \frac{\lambda^2 a(\eta)}{E_k^{(1)}(\eta)} \int \frac{d^3p}{(2\pi)^3} \frac{(2\pi) \delta\left[k_0 - E_p^{(2)}(\eta) - E_q^{(2)}(\eta)\right]}{2 E_p^{(2)}(\eta) 2 E_q^{(2)}(\eta)}$$

$$\frac{\sin\left[\left(k_0 - E_k^{(1)}(\eta)\right)\widetilde{T}\right]}{\pi\left(k_0 - E_k^{(1)}(\eta)\right)} \longrightarrow \delta(k_0 - E_k^{(1)}(\eta))$$

$$\Gamma(\eta) = \frac{\lambda^2 a(\eta)}{8\pi E_k^{(1)}(\eta)} \left[1 - \frac{4 m_2^2}{m_1^2} \right]^{1/2} \Theta(m_1^2 - 4 m_2^2)$$

Threshold Relaxation



 $\left(E_k^{(1)}(\eta) + \pi H\right)^2 \gg (E_k^{(1)}(\eta))^2 + (4m_2^2 - m_1^2) \simeq 2\pi E_k^{(1)}(\eta) H(\eta) \gg 4m_2^2 - m_1^2$