An excellent textbook introducing amplitudes is: H. Elvang and Y.-t. Huang, Scattering Amplitudes in Gauge Theory and Gravity. Cambridge University Press, 2015.

The massive spinor formalism I will use and its application to massive amplitudes was introduced in:

N. Arkani-Hamed, T.-C. Huang, and Y.-t. Huang, Scattering Amplitudes For All Masses and Spins, JHEP 11 (2021) 070, arXiv:1709.04891 (2017).

The SAGEX Review on Scattering Amplitudes,

Travaglini, Brandhuber, Dorey, McLoughlin, eds., arXiv:2203.13011 is a comprehensive review of the subject. Its different chapters start from basic concepts, and, for students looking for further reading, cover current developments in different directions.

A useful review of spinor techniques and their applications is Dreiner, Haber, Martin, Phys.Rept. 494 (2010) 1-196 0812.1594 [hep-ph]